Rangel Wins 13th Congressional District Primary

By DAVID CRUZ, BRITTNEY WILLIAMS and IMANI HALL

History repeats itself.

For the second consecutive contest, the political landscape of the 13th Congressional District remains unchanged as Norwood woke up to learn Congressman Charles Rangel would retain the federal legislature representing the neighborhood following a nail biter of an election race against a resurfaced rival.

“I want each one of you all to go home to know that this was your victory,” said Rangel.

CONGRESSMAN CHARLES RANGEL, surrounded by supporters in East Harlem, emerges as the victor in the 13th Congressional District race, beating chief opponent State Senator Adriano Espaillat again.

In a late night clincher, Rangel once again defeated Espaillat by just over 2,000 votes, with at least 98.9 percent of precincts as of deadline. The contest was largely viewed as a limmus test on the Whether changing demographics would alter the face of the 13th Congressional District, historically an African-American district. The district was split in two following redistricting, with 80 percent of the district falling in Manhattan and the rest falling in the northwest Bronx neighborhoods of Norwood, Riverdale and Bedford Park.

Early evening voting numbers showed Espaillat securing 66 percent of the vote to 31 percent for Rangel, with roughly 10 percent of voting precincts reporting. Other challenges, Rev. Michael Walrond and Yolanda Garcia, the only Bronx resident to run in the 13th Congressional District, secured single digit percentages. As midnight crept in, Rangel’s number gradually increased, through barely. Still, Rangel gained the upper hand following months of whether Rangel still had enough juice to squeeze in Washington D.C.

“I want each one of you all to go home to know that this was your victory,” said Rangel, flanked by supporters in Taino.

Jazz Tribute for Late Musician Ibrahim González

By BRITTNEY WILLIAMS

The late Ibrahim González is described as a bridge between different communities. “He made everyone his family,” said Bobby González, a long-time friend of González and the organizer of the Bronx chapter of American Indian Powwow.

On the one year anniversary of his death, González’s family gathered at Epiphany Lutheran Church for a tribute held for him on June 13.

Ibrahim González inspired Alfred to pursue. Immediate family members played an important role as they performed songs and poetry in honor of González. Junet Jaililah Norguent-González, Ibrahim’s widow, performed a piece on the piano, and his niece, Natalia González, read a letter written by Anisa González, Ibrahim’s daughter. They shared everything from childhood memories to how he inspired them through his life work.

The Life of an Artist

González was much more than a musician, as those closest to him remembered. He expressed himself and his beliefs through multiple art forms. Photography was a big part of who he was and it played an important role in the tribute. Photography is something that Ibrahim González inspired Alfred to pursue.

The younger González hosted the entire night and felt close to his brother as he spoke before the group that had gathered to enjoy the tribute. González eulogized his brother, painting a portrait of an artist known for bringing people together.

Alfred felt blessed that he was able to meet all the people his brother impacted. Even Alfred’s godson Nicolas Benitez (continued on page 14)

Jazz Tribute for Late Musician Ibrahim González

THE LATE MULTI-TALENTED artist Ibrahim González who passed away last year, pictured on the cover of a program distributed at a musical tribute held for him on June 13.
In The Public Interest

State Joins in Fight to Reduce City Speed Limit

By DAVID CRUZ

As the city intends to change driving habits, the State Senate is following suit. Legislators agreed 58 to 2 in authorizing the de Blasio Administration to reduce the speed limit from 30 to 25 miles per hour, an effort that will surely create more buzz to the administration’s Vision Zero policy.

The measure, voted on by legislators on June 26, would allow Bronx community boards to offer input on where speed limits should be lowered. Police and traffic advocates have been pushing for reduced speed limits throughout the city. They’ve consistently backed their cause with statistics showing that the likelihood of a pedestrian surviving a car crash increases when the speed limit is 25 instead of 35 miles per hour.

Aaron Charlop-Powers, whose mother Megan was killed in a freak car accident while riding her bicycle in Crotona in May 2011, hailed the bill’s purpose, calling it a “step in the right direction.” “[It] signifies important progress to making the streets in New York less lethal,” said Charlop, head of the Families for Safer Streets.

Traffic calming measures have already been introduced throughout the Bronx, mainly in the corridor of Gun Hill Road between Jerome Avenue and the southbound entrance to the I-95. It is there that speed limit signs reading ‘25 miles per hour’ have been installed.

In April, city Department of Transportation officials unveiled the borough’s first so-called Arterial Slow Zone along the entire length of the Grand Concourse. Spring also saw the installation of 120 speed cameras throughout the city, with at least 25 located for the Bronx.

In New York City, over 250 people die and over 4,000 are severely injured in traffic accidents annually.

The legislation, crafted by State Senator Jeff Klein, now heads to Governor Andrew Cuomo who is expected to sign it into law. “Slowing down by even five miles per hour is going to save lives that otherwise could have been lost in senseless traffic accidents,” said Klein.

Stop the Gun Violence Rally

COUNCILMAN ANDY KING speaks at the “Stop the Gun Violence” rally on June 12 at Baychester Avenue and Boston Road, in response to a major spike in gun violence within the 47th Precinct. June is Gun Violence Awareness Month, and public school students wear orange in support of anti-gun violence.

Community Board 7 Appoints 18 New Members

By IMANI HALL

Out with the old, in with the new. Community Board 7 will see some changes to its roster this September as it has appointed several new members.

The board, covering the Bedford Park, Jerome Park, Fordham, Kingsbridge Heights, Norwood, Mosholu Parkway, and University Heights neighborhoods, has recently appointed 18 new members to join roughly two-dozen members. Applicants made submissions in mid-summer, and new members were told of their new appointment the week of June 23. They are Gary Clarke Sr., Kevin Miner, Ruben Torres, Marcos Sierra, Jermaine Johnson, Alora Bailey, Alfred Grant, Amjad Mogahid, Carlos Gonzalez, Velvet Ross, Luis Miguel Guzman, Ellen Ray, Ruben Gonzalez, Shanequani Charles, Candice Ali, Alexandra Chyrach and Lynette Arroyo. The 18th appointee’s name has not been disclosed.

“We have yet to see how the new members will affect the board,” said Dustin Engelken, the newly-appointed district manager who began with the board as a general member.

As the new news comes as the board enters its summer hiatus after voting on the Kingsbridge Armory and capping the session with the hiring of Engelken. The board was without a district manager for nearly half its session following the resignation of Engelken’s predecessor, Socrates Caba. “Next year is going to be even bigger,” said Engelken. “There’s a lot of big plans that members have for the board.”

The board is considered an advisory council created by the city government. Members are considered the sentinels of the community, handling issues relating anywhere from economic development to housing. They are usually recommended by the local NYC Council Members whose districts fall within the board’s borders. Final approval is made by the Borough President’s Office.

BP Hails “Respect Our Block” Contest Winners

BRONX BOROUGH PRESIDENT Ruben Diaz Jr. (center) stands with the families and teachers of the two winners of his “Respect Our Block” poster contest. They are Alyia Victor, a kindergarten student at PS 121—the Throop School near Allerton Avenue, with her poster at left; and Marielys Perez, a fifth grader at PS 100 in Soundview, with her poster at right.

Community Board 7 sees a large number of new members arriving to replace seasoned members who left the board of their own will, according to Engelken. “Everybody has their own reasons,” he said. “Community boards are a big commitment.”

A complete list of community members is available on the boards’ website www.bronxbz7.info. Members will reconvene in September.
As Quality of Life Returns, Building Owners Still Shrouded in Mystery

Part 2

By DAVID CRUZ

Editor’s Note: The Norwood News presents part two of a special two-part report on the nature of limited liability corporations and its relation to housing matters.

Determining the Owner

In the time that Sadia Rahman, an attorney for the Urban Justice Center, took the case to get repairs made for 3094 Villa Ave. tenants, determining just who owned the building was indeed the toughest part. The identity was not key to taking the party to court, but a matter of answering just who would allow a building to fall into disrepair.

The building’s entanglement with Bronx Housing Court began when the four-story building went into foreclosure two years ago. The previous owner went by Blue Whale Villa LLC, with Daniel M. Shlufman serving as the managing agent/attorney, according to documents from the Department of State. No name of an actual title owner was revealed.

Under its care, the corporation allowed the building to rack up 300 open violations, 44 of which are deemed C violations, viewed by the city Housing Preservation and Development agency as the most life-threatening. The company has since dissolved, and no names of the owner were ever revealed, according to Rahman.

New York Community Bank seized the property, later giving legal authority for Blue Whale Villa LLC to sell the mortgage to Bronx Summit Funding LLC.

The mystery behind the property owner continued after Blue Whale Villa LLC, through Bronx Summit Funding LLC, recently sold the deed to Villa De Partners LLC for $1.4 million.

Rahman eventually determined the new owner of the building, though by chance. An affidavit that initially went unnoticed showed the property to be owned by Michael Aryeh, a real estate tycoon represented by Gem Stone Properties. That property management company along with Aryeh was mentioned in a previous, unlisted lawsuit.

Bronx Summit Funding LLC and Villa De Partners LLC share the same officer in midtown Manhattan—619 W. 54th St., suite 10A. The office is also the same as Hertinge, Convent, Reliance and Gem Stone Properties LLC, which are all linked to Aryeh, according to a review by the Norwood News.

“Thats what’s happening here, and it’s legal,” said Rahman. “The principals of both organizations are the same people. I can be six CEOs of an organization if I want, there’s nothing to preclude one person from having a whole bunch of corporations under their names.”

A person purported to be the manager of 3094 Villa Ave. declined to speak to the Norwood News.

Piercing the Corporate Veil

Revealing the parties behind an LLC often involves “doing your homework,” as attorney David Lesch put it. A Bronx attorney practicing law for 24 years, Lesch has functioned as a receiver and has also sought the identities of shifty landlords. In all cases, the only way to reveal the names of owners is by piercing the corporate veil, a legal action.

“Every time a deed is transferred or a property is transferred, you can usually do a search and find out who that is,” said Lesch. “You have to go to the proper websites.”

Most websites, however, involve paying a nominal fee, though other free sites include the city’s Department of Finance tool dubbed Automated City Register Information System (ACRIS). The action applies only when certain criteria are met. Members, for instance, would be in violation if they ignored holding meetings that should include minutes.

But regardless of procedure, Lesch sees the need for protecting the assets of landlords as a vital component to spurring real estate business. “Think about the rationale behind an LLC,” said Lesch. “You want to encourage new business. You’re not going to encourage new business if everyone’s personal assets are going to be in jeopardy.”

Rent Freeze Denied by Rent Guidelines Board

By IMANI HALL

Sofelad Franco has called the Bronx home for over 40 years, having raised her children and grandchildren in the same apartment. But rent has ballooned dramatically for Franco, who was compelled to testify at the only Rent Guidelines Board meeting in the Bronx.

“I came here to ask you guys to please approve a rent freeze,” Franco told the newly-appointed board members. “These landlords are getting away with murder and I think it’s time for us to have a rent freeze.”

The RGB meeting was held so that Bronx residents could give testimony regarding the rent increase. Each person who testified was given three minutes. But despite a turnout of hundreds of Bronxites to push for a rent freeze, the board voted the proposal down 5-4, instead opting for a one percent increase on one-year leases and a 2.75 percent increase for two-year leases on rent stabilized apartments. These increases are the lowest in city history.

Bronx Borough President Ruben Diaz Jr. commented on the increase, seeing the silver behind the uptick. Still, Diaz said the extremely low hike “does not go far enough.” “It is therefore vital to offer more relief to the poor and middle-class of our city, given how many residents are struggling and have not seen their own paychecks increase over the past few years,” he said.

RGB Meeting at Hostos

A week before the vote, residents gathered at Hostos Community College to voice concerns over the rent increases. Many came on their own, or as members of special interests groups. A large portion of the audience was members of Community Action for Safe Apartments (CASA), where many held signs reading “People Before Profit” during the meeting.

Jacqueline, who withheld her last name during the public meeting, was one of the lone members of the community who stopped by the public hearing. “We simply cannot afford another increase. It is my hope that the Rent Guidelines Board will choose to make a difference in the lives of so many tenants in New York City by placing yourselves in our shoes,” she said. “We are not looking for a handout, we’re looking for a hand up.”

Bronx resident Linda Cap has been living in her apartment for 47 years. She is the president of the tenants association in her building. She gave her testimony at the meeting on behalf of other Bronx residents. “We have grandparents who are now taking care of their grandchildren because their children can’t afford to move out,” Cap said. “I live in the 15th Congressional District, which is considered the poorest con dist in the United States, she added. “How can they continue to come in without our income rising to tell us every year our rent must be increased?”

Rent Freeze

In May, the RGB approved a proposal that would have potentially increased rent by up to three percent for tenants with one-year leases. Tenants with two-year leases would have seen a rent spike of up to 4.5 percent.

But one landlord went on the defensive, justifying an even bigger increase than what the RGB initially proposed. Much of his justification lay in the dwindling rent roll he receives from his tenants. Those monies would help pay for the overhead and maintenance costs. “If you look at the way the world rolls and the reality that we live in, it takes money to improve,” the landlord said.

“In order for the buildings to continue to run so that the Bronx or Harlem or northern Manhattan doesn’t look like it used to look in the ’70s, I think that you guys should look at a rent increase with a minimum of four percent for one year and 7.5 percent for two years,” his comments were poorly received by members in the audience who booed loudly after he spoke. Though it wasn’t denied, the borough president didn’t completely dismiss the possibility of a rent freeze. “In the future, in order to address the city’s growing income inequality, we should consider a rent freeze combined with a property tax decrease so that the people of this city have more money in their pockets, while also providing relief to property homeowners,” he said.

“New York City should be a place everyone can afford to live in and we should utilize every opportunity to preserve affordability for all New Yorkers.”

Editor’s Note: Read what folks have to say about the latest rent hike in the Inquiring Photographer section on page 4.
Inquiring Photographer

By DAVID GREENE

This week we asked readers their thoughts on the recent vote by the NYC Rent Guidelines Board to raise rents by 1 and 2.75 percent for 1- and 2-year leases respectively on rent-stabilized apartments.

I'm a landlord and I would have recommended from what I was looking at as far as my bills, real estate tax and water and landlords are now paying for protection for the water and sewer lines from the outside an extra $20 a month. Of course it's paid by the landlord, but it's got to be passed on to some degree.

Louis A. Valentino

I don't like it. It feels like they raise it every month just because they are landlords. They don't want to leave anything to spare for the tenants. It would be fairer if they left it the way it is.

Delphie Sanders

We already have higher prices on food and gas and the rent continues to go up every two years, but they don't need another increase. The landlords have to leave the people with enough to survive.

Syed Mohammed Abbas

My rent just went up $200...hello? I only get $1,000 per month. My daughter and people I know have to help me. Otherwise I wouldn't be able to make it.

Lisa Blair

Our bills are going up and the rents are already too high. So when you get paid, the rent takes all your money, so you can't even do something for your kids or yourself because you're broke. You can't only work for the landlord, it's not fair.

Espinolas Ecienne

I only get $1,000 per month. My daughter and people I know have to help me. Otherwise I wouldn't be able to make it.

Lisa Blair

We already have higher prices on food and gas and the rent continues to go up every two years, but they don't need another increase. The landlords have to leave the people with enough to survive.

Syed Mohammed Abbas

My rent just went up $200...hello? I only get $1,000 per month. My daughter and people I know have to help me. Otherwise I wouldn't be able to make it.

Lisa Blair

Our bills are going up and the rents are already too high. So when you get paid, the rent takes all your money, so you can't even do something for your kids or yourself because you're broke. You can't only work for the landlord, it's not fair.

Espinolas Ecienne

I don't like it. It feels like they raise it every month just because they are landlords. They don't want to leave anything to spare for the tenants. It would be fairer if they left it the way it is.

Delphie Sanders

We already have higher prices on food and gas and the rent continues to go up every two years, but they don't need another increase. The landlords have to leave the people with enough to survive.

Syed Mohammed Abbas

My rent just went up $200...hello? I only get $1,000 per month. My daughter and people I know have to help me. Otherwise I wouldn't be able to make it.

Lisa Blair

Our bills are going up and the rents are already too high. So when you get paid, the rent takes all your money, so you can't even do something for your kids or yourself because you're broke. You can't only work for the landlord, it's not fair.

Espinolas Ecienne
Crime File

Illegal Cookers Deep-fried by Local Activist

By DAVID GREENE and DAVID CRUZ

An irate community outraged over illegal cookouts along Mosholu Parkway has stepped up their anti-barbecuing campaign that’s now led to several arrests.

A large group had gathered cooking on a large portable grill on a sunny June 22, when Sheila Sanchez, a wary resident, confronted the group just after 10 p.m. at East Mosholu Parkway North and Perry Avenue. Sanchez is no stranger to confronting grillers who often skirt the no barbecue mandate signs scattered throughout the parkway. She told the Norwood News that the crowd disregarded her protests, saying, “They became quite belligerent and when I warned them I would call the police, they told me, ‘we’ll take care of the police.’”

Outraged, Sanchez followed through on her threat, personally walking to the nearby 52nd Precinct and reporting it to officers. Within minutes a caravan of officers swooped down on the group and ended the cookout. It’s alleged by some eyewitnesses that police confiscated bottles of alcohol and illicit drugs and two or three individuals at the cookout were placed under arrest.

Repeated attempts for comment to both One Police Plaza and the 52nd Precinct Community Affairs were not immediately returned.

One resident of 333 Mosholu Pkwy., a building between the cookout and the police station, commented, “The police station is so close, I’m sure they could smell it inside. Those folks were cooking there the entire day.”

Barbecuing has remained a recurring issue within Norwood, where much of the green landscape attracts families or groups of friends tempted to barbecue. The city Department of Parks does not designate Mosholu Parkway as a barbecue area since it poses a safety hazard.

Parks officials have designated Van Cortlandt Park between 242nd Street and Broadway and the Allen Shandler Recreation Area on Jerome Avenue, south of 233rd Street, as a legal area to barbecue. Other legal pits near Norwood include Pelham Bay Park by Orchard Beach’s north and south lawns.

A spokesman for the Parks Department, Nathan Arnosti, said the agency does make considerations for a designated barbecue area, though “on a case-by-case basis based on a variety of considerations, including environmental impact and requests from the community.”

In the meantime, Sanchez, along with others, has taken to Facebook, logging every barbecue sighting out there in the hopes of lighting fire under violators.

Friday the 13th Fugitive in Bedford Pk.

Photo by David Greene

MORE THAN A BLACK CAT crossed this suspect’s path. Friday the 13th proved to be the downfall for this handcuffed suspect (center) as he was apprehended by officers of the U.S. Marshals Service, with an assist by NYPD detectives. The incident unfolded at just after 1 p.m. at 10 E. 198th St. in Bedford Park. It’s there that officers say the still-unidentified man was wanted on drug charges in South Carolina.

Perry Avenue Family Medical & Rehab Center

The physicians and clinical staff at Perry Avenue Family Medical Center (PAFM) have been providing comprehensive medical care to The Bronx for over 30 years. Our clinic was recently recognized as a level 3 NCQA Patient-Centered Medical Home. We are sure our team’s range of expertise will make you and your family feel comfortable with your visit.

SERVICES:
- Allergy & Asthma
- GI
- OBGYN
- Internal Medicine
- Neurology
- Orthopedic
- Dermatology

Dr. Rita Ahuja MD CEO

SERVICES:
- Ophthalmology
- Pediatrics
- PMR: Pain Management
- Podiatry
- Physical Therapy
- Urology

Dr. Kishore Ahuja MD

3071 PERRY AVENUE BRONX, NEW YORK 10467

MEDICAL: (718) 231-6700
REHABILITATION: (718) 652-7995
FAX: (718) 515-2783
FAX: (718) 759-6484

WEB: WWW.PERRYMED.COM
Honor a Hip Hop Legend at Bronx Rising!

By PAMELA SEGURA

The concrete on Freeman Street was covered with wildly chalk letters and break-dancers. Snippets of hip hop history—conscious hip hop, old school funk and hard-core beats—merged with the sounds of the 2 and 5 subway trains gliding by.

The Bronx Music Heritage Center (BMHC), a group dedicated to honoring the contemporary and historical musical culture of the borough, turned Longwood into a vibrant expression of hip hop on June 21. The Center awarded DJ Herc, hip hop’s pioneering DJ, with the Bronx Living Legend Award.

Turning the Tables

Here hit the turntables for two hours, spinning a mix of Jamaican tunes with the sounds of late-’70s funk, disco and electronica. Before BMHC presented Herc with his award, Bronx-bred artists like Grandmaster Flash, AG and Circa 95 performed. BMHC’s block party was not only a return to hip hop’s intimate origins, but an assertion that effective hip hop—which explores social ills, musical creativity and community—always finds its way to the Bronx, regardless of mainstream appropriation of the music and culture.

“It feels to good to be honored in [my] hometown,” Herc told the Norwood News before his set. “I’ve been a Bronx person all my life.”

A Legend Begins

Herc, who was born Clive Campbell in Jamaica, came to the Bronx in 1967. He settled in 1520 Sedgwick Ave., an apartment building in the Morris Heights section of the Bronx. On Aug. 11, 1973, the DJ hosted a party wherein he initiated the first moment of hip hop music and culture. He played only sections or breaks of songs; he mixed different sections of different songs, creating a continuous loop.

Nowadays, hip hop music and culture is a global constant that reaches beyond the Bronx. But BMHC aims to empower the foundation of that reach, an effort that includes the block party at Freeman Street.

Movement Breathes at BMHC

The Hip Hop Dance Conservatory, a hip hop dance institution located in Manhattan, was there to provide extra moves during the block party. Dancers from BMCH, who hold free hip hop dance classes on Mondays and Tuesdays, created hype for the event as well. By the time Herc found his way to the stage, the audience had become a true rapper’s delight: kids and adults bobbed their heads, flowing in and out of dance circles as classic beats swarmed through the air.

BMHC prides itself in doing just this: bringing the community together so that its culture continues to progress from its roots. Its working space, called the Bronx Music Heritage Center Lab (BMHC Lab), is a 1400-square-foot storefront across the Freeman Street stop on the 2 and 5 subway lines. The lab offers tools for free classes, artist residences, discussions, and free screenings, and is supported by the Women’s Housing and Economic Development Corporation (WHEDco), a corporation that aims to empower the Bronx through affordable housing and sustainability. Through its cultural lens, BMHC extends WHEDco’s interests. As the summer progresses, BMHC will sponsor more events, including upcoming features on graffiti and female rappers.

Neighborhood Notes

Non-Profit Networking

“We are the Bronx Fellowship” is accepting applications for its networking and development program for Bronx non-profit leaders. To apply, visit www.wearethebronx.org/getinvolved (deadline to apply is Friday, June 27 at 5 p.m.). For more information, call (212) 983-4800 ext. 122.

College Internship Fair

Monroe College’s King Hall’s Mintz Auditorium, 2501 Jerome Ave., will host a College-wide Internship Fair on Wednesday, July 16 from 4 to 6 p.m. Check-in begins at 3 p.m., employer reception at 3:30 p.m. To register, go to https://monroe-csm.symplicity.com/employers/. For more information, call (646) 393-8618.

Promote Paid Sick Leave Law

Join the NYC Department of Consumer Affairs Day of Action on Wednesday, July 16, from 7 to 9 a.m. and from 5 to 7 p.m. Spread the word by participating at a nearby subway station about the new law allowing for taking paid sick leave for oneself or a family member. Starting July 30, New Yorkers will be able to use earned leave under this new law. For more information, visit nyc.gov/PaidSickLeave.

BronxNet Internships

BronxNet has openings for summer internships to its public access television program OPEN 2.0 for high school students. For more information, call (718) 960-8769 or contact marisa@bronxnet.org.

Free Financial Education Workshop

The University Neighborhood Housing Program offers a free 5-week course to help you get in control of your finances with its Getting Ahead Financial Education Workshop, Thursdays from 6 to 8 p.m. beginning Aug. 7, at the Concourse House, 2751 Grand Concourse. Learn about credit building, debt management, and more. Graduates receive help with a savings plan, access to one-on-one financial coaching, and more. For more information, (718) 933-2539 or RSVP at www.unhp.org.

Norwood News • 26 June 2014

THIS HIP HOPPER shows off his dance skills at Bronx Rising, an ode to hip hop event in the neighborhood of Longwood.

For more Neighborhood Notes online, go to www.norwoodnews.org and click on “Neighborhood Notes.”
HIV Study Looks to Smoke Out Chain Smokers

By the NORWOOD NEWS

Though HIV is known to permanently weaken the human body’s immune system, producing a lifestyle filled with mandatory exercise and pill treatment, trends indicate those diagnosed with the fatal disease continue to smoke cigarettes.

“Approximately 60 percent of individuals living with HIV in the United States are smokers ... and the majority are interested in quitting,” said Jonathan Shuter, M.D., director of clinical research, Montefiore AIDS Center and professor of Clinical Medicine, Albert Einstein College of Medicine of Yeshiva University.

It’s because of this that Montefiore Medical Center created a study entitled “Positively Smoke Free” (PSF) to assist HIV-infected individuals in giving up the urge to smoke. “I lead the development of this trial because new treatments have improved AIDS outcomes and, now my patients are dying of heart disease, strokes and lung cancer, which are often associated with smoking,” said Shuter. “When your life is complicated by health, social and environmental stressors and when you live in a community where it is common to smoke, you need added support and education to help you stop.”

The PSF program employs cognitive-behavioral therapy to conduct eight 90-minute sessions with groups consisting of 6 to 8 patients. The study doubled the results of individuals who stopped smoking after therapy.

When the National Institute on Drug Abuse at the National Institutes of Health (NIH) recognized the potential for this program, it gave Montefiore a $3.7 million grant to continue research and run trial programs.

The goal of this program is to have 450 patients in the next three and a half years. In addition to testing new methods of getting HIV-infected smokers to quit, it will investigate characteristics that lead to patients successfully quitting. Patients will be observed for six months at the end of therapy to confirm whether they’ve actually quit smoking by testing their carbon monoxide levels.

Traditional information given to HIV-infected individuals about smoking has not helped them quit. For this reason, HIV-infected smokers are at risk for more diseases such as heart disease, strokes and lung cancer. Two sites at Montefiore will be using the grant money to test individuals with this new program and help HIV-infected smokers get the education and resources that they need to quit smoking.

Source: Montefiore Medical Center
Confessions From Teenage Spendaholics

When Terrikaye Callendar goes shopping, she feels her wallet burning a hole in her purse. It gnaws at her, triggering a compulsion to spend on clothing, food or snackers items. The nagging sensation is driven by the desire to “have it.” An 11th grader at The Marie Curie High School near Van Cortlandt Park, she sees the habit tough to break.

“It’s hard to see something and you know you have the money and don’t buy it.”

Zunisabel Castillo spends money as freely as Terrikaye. “I do spend a lot of money on hair products,” said the 17-year-old, who once spent $20 on a bottle of shampoo, considered an above average price. Zunisabel said her spending is driven by “impulse.”

Self-control is a similar issue for Deanna Flores, a fellow student at The Marie Curie High School. It’s not the material item that compels her to buy, but the money itself she calls a “huge temptation.”

The ability to harness money management skills is the kind of thinking that BronxWorks, a nonprofit organization in the borough, seeks to encourage in a borough where the average salary is $34,000, according to data from the 2010 US Census.

“A lot of young people are not informed,” said Shalima L. McCants, a program director at BronxWorks. She works with youth ages 16 to 24 to “teach them about budgets and stipends and have banks teach them about opening, saving, and credit cards.” Money management workshops are held exclusively at several of centers operated by BronxWorks.

But the onus on lavish teen spending falls on parents, a reason why BronxWorks steps in when noticing the lessons aren’t coming from home. “Parents don’t inform students,” McCants said.

And though some parents may not be teaching children how to spend money, they are certainly bankrolling their child’s lifestyle. Zunisabel explained that her mother has never noticed her spending habits, despite Zunisabel receiving as much as $100 from her. The cash is further supplemented by Zunisabel’s job. “I’ve held down three jobs before,” she said. Her father has passed, allowing her to secure her dad’s Social Security payments. “My mom sort of gives me an allowance from that money,” she said.

Likewise, Terrikaye, the teen who feels money burning a hole in her purse, gets cash from her parents.

The trend in teen spending has been consistently reported by Piper Jaffray, an investment bank firm, which revealed in an April report that teens spend 21 percent of their money on clothes, 21 percent on food and 10 percent on accessories/personal care.

“Teens spend more on their wants than on their needs,” said McCants.

This point worries Deanna. She said, “After I spend too much money I become stressed out because then I don’t have enough money to buy certain things that I need, simply because I didn’t have enough self control to not buy something only because I liked it.”

There’s a new way teens are remembering the dead that is gaining a lot of attention. By wearing picture T-shirts, teen mourners are memorializing those who have passed. In some cases, there have been times when students’ memorial shirts are representing the death of another teenager.

Some social media sites such as Facebook, Instagram and YouTube, show custom-designed memorial necklaces that glorify the deceased. In many instances, websites often show several memorial shirts from members belonging to gangs.

And while teens have embraced the trend, communities outside the borough have not welcomed it. At a middle school in Battle Creek, Michigan, memorial T-shirts were banned since it conflicted with the school’s crisis management plan. Melinda Jackson, the mother of the deceased child who the shirts memorialized, told the Battle Creek Enquirer, “It hurt me to the point where I thought I couldn’t be hurt anymore.” Her daughter Caitlyn had gone through a long battle with leukemia and her school peers were confused about being unable to wear them anymore and were told to wear the shirts inside out or cover it up with something else, according to the article.

Social media sites such as Facebook, Instagram and YouTube, show custom-designed memorial necklaces that glorify the deceased. In many instances, websites often show several memorial shirts from members belonging to gangs.

And while teens have embraced the trend, communities outside the borough have not welcomed it. At a middle school in Battle Creek, Michigan, memorial T-shirts were banned since it conflicted with the school’s crisis management plan. Melinda Jackson, the mother of the deceased child who the shirts memorialized, told the Battle Creek Enquirer, “It hurt me to the point where I thought I couldn’t be hurt anymore.” Her daughter Caitlyn had gone through a long battle with leukemia and her school peers were confused about being unable to wear them anymore and were told to wear the shirts inside out or cover it up with something else, according to the article.

Several days later, after much outcry, the school reneged on its policy and allowed students to wear the shirts.

In the Bronx, the policy has not been much of an issue. Bronx Youth Heard attempted to reach out to a T-shirt company that specializes in memorial shirts, for an interview, but the company declined.

Greg Faulkner, chief of staff to Councilman Fernando Cabrera, was also impacted by memorial T-shirts and the idea of how it’s spreading through the Bronx. Faulkner stood on the sides of school officials in Battle Creek, believing the T-shirts shouldn’t be around. According to him, the memorialization of their deaths indicates how horrible things are getting for this generation.

“It’s shocking that so many died,” Faulkner said. “This demonstrates exactly how many teens die and it’s somewhat becoming an everyday thing. It’s sad because it represents someone who died. A young person died maybe through drugs or sickness,” he said.
During April’s school spring break, teens in Hunts Point took a look up in the sky to see if it was still daylight out. It wasn’t natural sunlight they were seeing, but a set of floodlights mysteriously installed at Bryant and Seneca avenues.

On a recent weekend, most teens interviewed said they felt safer with the new floodlights lining the edge of rooftops, its fluorescent lights shining down on teens like Jazmin Avelo. “I feel like it prevents bad things from happening,” said Jazmin, who has lived in one of the buildings her entire life. “Now I feel I can walk home at any time.”

She also felt scared when walking home late. “The neighborhood’s not good,” she said. She enjoys the fact that the lights “keep tabs on people.”

Dominique Garcia, 16, echoed Jazmin’s sentiment, seeing a higher level of calm. Before the lights were installed, Dominique’s sister was mugged. She also noticed that in the cover of darkness the riffraff surfaces. “People are always outside and fights happen.”

The Hunts Point area is somewhat of a peninsula in the Bronx, insulated by the Bruckner Expressway. While mostly industrial, residential homes do pepper portions of the neighborhood, comprised of working class minorities. The area falls within the busy 41st Precinct, where crime has seen a spike of 10 percent. Reports from CrimeStat, the NYPD’s official statistics, show that burglaries and felony assaults have jumped 24 percent and 30 percent respectively.

But while glowing lights add a layer of safety to the mostly barren neighborhood, some residents balked at being put in a so-called spotlight. Fernando Arias, 18, said “the lights are a bit too much. People could look into my house now.” He added the lights make him feel like he did something wrong. “They don’t trust us,” he said.
JGH-BID Shows Progress at Annual Meeting

By LAWRENCE HELLER

At the Escape Restaurant, the newest eatery in the Jerome-Gun Hill Business Improvement District, the BID’s Board of Directors held its annual meeting on June 10 to outline its hits and future ambitions.

Those present at the meeting included the BID’s board members, merchants, and community leaders. The keynote speech was delivered by Councilman Andrew Cohen of District 11. He spoke about the importance of the BID and the key role it plays in sustaining the Jerome-Gun Hill commercial corridor, from providing sanitation services and security to attracting shoppers with its extensive marketing campaigns throughout the year.

Among the invited guests were 52nd Precinct Inspector Nilda Hofmann and Senior Director of Community and Government Relations at Montefiore and Executive Director of Mosholu Preservation Corporation that manages the BID, Roberto Garcia.

A Year of Accomplishments

Board members heard from its longtime BID president Alice Kulick, thrilled to spread word of newly-installed security cameras peering the BID to help deter crime. Kulick also discussed the successful launching of the Montefiore Associate Discount Program, where Montefiore Associates are offered discounts when they shop within the BID.

Other BID accomplishments included its 12th Annual Fall Festival, its extensive marketing campaign throughout the year, and most recently, collaborations with the Friends of Williambridge Oval and the city Parks Department to host an Easter Egg Hunt for Norwood residents.

The BID’s secretary, Dennis O’Brien, noted that security cameras have produced a “vast reduction in the amount of graffiti,” a positive signal for the cleaning up of the neighborhood. “We’ve accomplished a lot,” said O’Brien, also a property owner in the BID. “In the ‘80s, the neighborhood was nasty. Look at it now.”

Those at the meeting took time to thank the BID board members and the BID’s Executive Director Marcia Cameron for their hard work. Garcia remarked over Cameron’s “tenacity, leadership, and passion” for the BID. While Kulick also thanked Cameron for “all the hard work she does for the BID.”

Combating Street Vendors

And as improvements continue, Kulick remains vigilant over the unlicensed street vendors who have set up their carts or tables around the BID. In many instances, violators hawk accessories and other knickknacks, siphoning potential business from brick and mortar stores. “Once a legal vendor sets up, it’s tough to distinguish a legal from an illegal vendor,” said Kulick, speaking to an audience that included merchants old and new throughout the BID. One merchant balked at street vendors since many sell the same exact product at a fraction of the cost that an established store would sell.

The 52nd Precinct has stood on top of the situation, according to Hofmann. Officers have routinely issued tickets to street merchants, though their presence lingers. Hofmann, however, wouldn’t turn down the idea of extra eyes in the sky. “We could still use more cameras,” she said. “There are never enough cameras.”

Sally Caldwell, a resident of Tracey Towers and a board member, has monitored all improvements around the BID. She hopes that the BID could entice more businesses that “cater to certain age groups.”

The Birth of a BID

The premise of the BID began with an idea—“Why travel when you could buy it right here?” The Jerome-Gun Hill BID was established in January of 1997, and was one of the first BIDs in the Bronx. The BID’s L-shaped corridor, beginning at Mosholu Parkway and Jerome Avenue, running along Jerome Avenue to Gun Hill Road, then along East Gun Hill Road to Webster Avenue, comprises over 200 businesses ranging from retail to medical offices. The Mosholu Preservation Corporation (MPC), a community nonprofit in Norwood, helps manage the BID.

The BID was established to beautify the commercial strip, making local shopping inviting to residents. Funding from the BID comes from a special property tax assessment bill to property owners, who were in agreement to the tax before it was signed into law. Work is done to try to improve the image of the neighborhood, such as cleaning garbage from the streets and removing graffiti.

As for a summation of the BID’s status, Cameron notes, “Working with our Board of Directors, property owners and merchants, we have been able to transform the Jerome-Gun Hill BID into a quality shopping district attracting new and exciting stores. The BID has limitless potential. Let’s work together to capitalize on our assets and make smart investments to ensure future success.”
BIG SAVINGS

THROUGHOUT THE JEROME-GUN HILL AREA!
COME SHOP & SAVE BIG ALL YEAR ROUND

Over 200 Stores on Jerome Avenue from Mosholu to Gun Hill Road and on Gun Hill Road to Webster Avenue

Discover the Stores, Quality Service and Savings at the Jerome-Gun Hill Business Improvement District.
Where Good Neighbors Deserve Great Shopping!
All in a Safe, Clean & Friendly Environment

Call the BID Hotline at 718-324-4946 for more information or visit us at www.jeromegunhillbid.org
GOOD NEWS CHRISTIAN CHURCH
3061 Bainbridge Ave.
Basement of the Church of the Holy Nativity
Bronx, NY 10467
(347) 329-0023
Pastors James and Andrea Miller
Sunday service at 2 p.m.
Home fellowship bible studies on Wednesdays at 7 p.m.
Friday night prayer service at 7 p.m.

GLAD TIDINGS ASSEMBLY OF GOD
2 Van Cortlandt Ave. E. and Jerome Avenue
(718) 367-4040
Prayer Wednesdays at 11 a.m. and 7:30 p.m.
Sunday School at 9:30 a.m.
Sunday Service at 11 a.m.

EPHPHANY LUTHERAN CHURCH
A PLACE OF GRACE IN NORWOOD
3061 Bainbridge Ave., Bronx, NY
Phone: (718) 652-6839
Web Site: www.epiphanybx.org
WORSHIP
Sundays at noon
BIBLE STUDY
Wednesday nights at 7 p.m.
THRIFT SHOP
Fridays and Saturdays from 10 a.m. to 3 p.m.
Member of the Evangelical Lutheran Church in America
God’s work – our hands

To place an ad, call 718-324-4998.

LAW OFFICES
James M. Visser, Esq.
General Practice
Accidents, Commercial
Wills & Estates
Offices Bronx and Manhattan
(646) 260-5236
Judith A. Simms, Esq.
Immigration Law Practice
Green Cards, Citizenship, etc.
3612 White Plains Road
Bronx, NY 10467
(347) 460-9765

PEDIATRIC SERVICES
Tiga Pediatrics
3510 Bainbridge Avenue, Suite 5, Bronx,
NY 10467
Ages 0 to 21 years
General Practice, Obesity, Asthma, ADHD
Same-Day Appointment Every Day!
(718) 881-8989

RELIGIOUS SERVICES
Good News Christian Church
3061 Bainbridge Ave.
(basement of the Church of the Holy Nativity)
Bronx, NY 10467
(347) 329-0023
Pastors James and Andrea Miller
Sunday service at 2 p.m.
Home fellowship bible studies on Wednesdays at 7 p.m.
Friday night prayer service at 7 p.m.


Judith A. Simms, Esq.
Immigration Law Practice
3612 White Plains Road
Bronx, NY 10467
(347) 460-0765

Tiga Pediatrics
3510 Bainbridge Avenue, Suite 5, Bronx,
NY 10467
Ages 0 to 21 years
General Practice, Obesity, Asthma, ADHD
Same-Day Appointment Every Day!
(718) 881-8989

Epiphany Lutheran Church
A PLACE OF GRACE IN NORWOOD
3061 Bainbridge Ave., Bronx, NY
Phone: (718) 652-6839
Web Site: www.epiphanybx.org

To place an ad, call 718-324-4998.

PROFESSIONAL DIRECTORY

MISCELLANEOUS
Trip to Dorney Park, Pennsylvania:
Saturday, July 12, 2014 at 8 a.m. from East 163rd Street and Hunts Point Avenue. For more information, please contact Eddie at (718) 375-5485.

Pilgrimage Walk in the Footsteps of Jesus:
8-day Jesus and the Holy Land, Fr. Nick Mormando OFM Cap will serve as our Spiritual Director on the Pilgrimage, Nov. 3-10, 2014 $3,298. A. Brown: (718) 655-2455.

REAL ESTATE
Bronx Co-op for Sale:
814 Tilden Street (Williamsbridge). Sunny, quiet, 2-BR, L/D, EIK, 1 bath, laundry, 2 A/C and 2 ceiling fans. Board approval, no pets. Priced to sell $60K. Contact broker (917) 499-6500.

Bronx Co-op for Sale:
Spacious, sunny, quiet, 2 bedroom, 1 full bath, living/dining, eat in kitchen, lots of closets and windows. Central heat, 2 A/C, intercom system, night security, laundry in building, parking on street, indoor parking extra. Priced to sell $60,000. Mortgage 10-15%. Please contact broker Priyta Lakini (917) 499-6500. Email priytal7373@yahoo.com.

Beautician Services
Come to Madame P’s Beauty World
The last old-fashioned hairdresser in the Bronx.
We specialize in haircutting, hair care, and provide consultations on hair care and weaving to stimulate hair growth. We do tinting and use all manners of relaxers, including Mizani, Affirm, Fiberguard, and Vitale.
We use Wave Nouveau Coiffure. We are still doing carefree curls and press and curl.
We also offer flat-ironing, 20% off for seniors Tuesdays, Wednesdays, and Thursdays. 617 E. Fordham Road (between Arthur and Hughes), Bronx, NY 10458. (Fordham University section). Call today for your appointment: (347) 284-9684.

Services

CLASSIFIEDS
$12 for the first 20 words and 25 cents for each additional word.

Professional Directory
$144 for six months; $260 for one year.

LEGAL NOTICE
Notice of Formation of Jotoni Clothing Label LLC, a domestic or foreign Limited Liability Company (LLC). Articles of Organization filed with Secretary of State on March 10, 2014. NY Office location: BRONX County. Secretary of State is designated as agent upon whom process against the LLC may be served. Secretary of State shall mail a copy of any process against the LLC served upon him/her to C/O United State Corporation Agent Inc., 7014 13th Ave., Suite 202, Brooklyn, NY 11228. Purpose: Any lawful activity.

MOSHOLU MONTEFIORE COMMUNITY CENTER
SUMMER FITNESS SALE
Summer Membership Special!

$45 Adults (19 - 60 yrs.)
$45 Senior Citizens (61 yrs. +)
$35 Youth (15-18 yrs.)
$30 Montefiore Employees
FROM JUNE 2 - AUGUST 29

Summer Hours: Monday - Thursday, 7 a.m. - 9 p.m.
Friday, 7 a.m. - 7 p.m.
Modern Equipment • Free Weights • Renovated Showers
Lockers • Friendly Staff
Call 718-882-4000
www.mmcc.org

To place an ad, call 718-324-4998.
Jazz Tribute for Late Musician Ibrahim González

(continued from page 1)

was able to meet and play with outstanding musicians for the audience. It was a moment that Alfred González was very proud of. “The closer I get to these people, I feel the closer I can get to him,” Alfred said.

Remembering Ibrahim

González advocated for the freedom of expression. He supported tolerance and pushed for people to stand together instead of apart. He once staged a walkout of a school because he believed students should have the right to choose to express themselves the way they desired. His deep interest in culture and religion connected him with people from all different walks of life.

“I’m an activist, he was an activist. It’s nice to see how he affected people and used music as a big part of his life,” said Sandra Lee, a food service worker who admired González’s commitment to the neighborhood.

Ahmad Ali, 52, is the new host of the radio show, WBAI that González hosted for years. Ali, from Central Islip, Long Island heard his predecessor on the radio and was instantly moved. They later became co-hosts and Ali felt that González became somewhat of a soul mate. “After my parents died, he was the one individual on the planet that I felt most connected with,” said Ali, a fellow Muslim. Coming from the town with the largest Puerto Rican population in Long Island, Ali connected with González and they both felt united with their Muslim faith.

Living life to the fullest was a big part of how González lived his life and everyone at his tribute smiled and laughed as they remembered González in this way. “I never think anybody dies too young,” said Alfred shortly after the tribute. “People left there feeling good and that’s exactly what I wanted.”

A CHOIR AT the Epiphany Lutheran Church pays tribute to the late Ibrahim González with song.
Espaillat Remains Confident

A mile up the same borough, Espaillat appeared at the 809 Bar and Grill in the Inwood section of Manhattan, a changing neighborhood where many Dominican natives call home. Espaillat has drawn influence in that neighborhood and nearby Washington Heights given his Dominican roots. Had he been elected he would’ve been the first Dominican-born legislator in the U.S. House of Representatives. Outside the restaurant, Espaillat refused to concede, despite 98 percent of precincts reporting a victory for Rangel.

“We have reviewed the results as they continue to come in and we feel this race is too close to call,” said Espaillat.

But Espaillat’s popularity as a rising Latino legislator wasn’t enough to shatter Rangel’s political dynasty, who now secures a 23rd term in the House of Representatives.

The Needs of the Northwest Bronx

Regardless of the ethnic politics that have long been a running theme in the race, many Norwoodians closely following the match yearned for a legislator would treat the Bronx portion of the 13th Congressional District on the same level as Manhattan.

“Bronxites want to feel like they want to be represented by one of their own,” said Anthony Rivieccio, a Norwood resident and founder of the Northwest Bronx Democrats. The group spent the last several months campaigning on behalf of Espaillat.

Bob Kappstatter, former political columnist for The Bronx Times Reporter, predicted Rangel would win by five percentage points. Like Rivieccio, Kappstatter sensed Rangel’s availability in the Bronx rare, calling out Rangel’s lack of district office, which was blamed on a federal sequester.

“They just never feel his presence in the Bronx,” said Kappstatter, adding the congressional district divide often put Rangel in the middle of two changing boroughs. "How do you put one foot in one area of the Bronx while you have your other foot that’s still largely black while you still have a major poverty belt in the Bronx’s southern portion of the 13th District?"

With less than 100 percent of precincts reporting in, the Norwood News will offer an update to this election story on www.norwoodnews.org.
Onstage

• The Bronx Arts Ensemble presents A Holiday Salute to George M. Cohan, July 4 at 2 p.m., at Van Cortlandt Park’s Rockwood Drive Circle. Rain location: VC Park’s Viadeck Hall, 94 Van Cortlandt Pk., So. (corner of Hillman Avenue). For more information, call (718) 601-7399 or visit bronxartsensemble.org.

Events

• NYS Senator Jeff Klein and Bronx Borough President Ruben Diaz Jr. present free, New York Salutes America Fireworks Extravaganza, Friday, June 27 from 6 to 10 p.m. at Orchard Beach (rain or shine). Events include live music, children’s entertainment, zumba, and fireworks. Parking ($7) available until 9:15 p.m.

• The Williamsbridge Oval will host a Yoga Class, July 4 at 3 p.m. Meet instructor Greg O’Donovan at the entrance, Van Cortlandt and Bainbridge avenues at 3 p.m. (donations are encouraged). For more information, call (917) 862-543-8672.

• The Williamsbridge Oval will host a Yoga Class, July 4 at 3 p.m. Meet instructor Greg O’Donovan at the entrance, Van Cortlandt and Bainbridge avenues at 3 p.m. (donations are encouraged). For more information, call (917) 862-543-8672.

• The Jerome Park Library, 118 E. Kingsbridge Rd., presents Advanced MS Word: (ages 5 to 12), featuring music, puppetry, and dance, July 2 at 6 p.m. (advance in-person registration required); and Advance MS Word 2010: July 10 at 2 p.m. (advance in-person registration required). Children can enjoy Preschool Story Time at 11 a.m.: June 26; and Toddler Play Time at noon: June 26. For more information, call (718) 579-4244/46/57 or visit www.npl.org.

• The Mosholu Library, 285 E. 205th St., offers for seniors and adults: Knitting Circle: Thursdays at 3 p.m.; Wii Program: Tuesdays at 3 p.m.; BeadedJewelryat11a.m.:June 26 (bring your own materials; advance in-person registration required); and Zumba: June 27 at 10:30 p.m. Children can enjoy Toddler Story Time at 10:30 a.m.: June 26; The Industrious Mr. Franklin: (ages 3 to 12), play about Ben Franklin, June 27 at 3:30 p.m.; Bilingual Birdies: (French; ages to 12 years), featuring music, puppetry, games, and a bubble dance party, July 8 at 11 a.m.; and film: The Lego Movie,” June 30 at 4:30 p.m. (computer generated comedy). Teens/young adults can attend film: “Scott Pilgrim vs. The World,” June 28 at 1 p.m. For more information, call (718) 882-8239.

• The Bronx Culture, 310 E. Kingsbridge Rd., presents programs for adults including: A Performance Reading of “The Color of Water”: Black man’s tribute to his white mother, June 28 at 2:30 p.m.; MS Word for Beginners: July 2 at 6 p.m. (advance in-person registration required); and Advance MS Word 2010: July 10 at 2 p.m. (advance in-person registration required). Children can enjoy Preschool Story Time at 11 a.m.: June 26; and Toddler Play Time at noon: June 26. For more information, call (718) 579-4244/46/57 or visit www.npl.org.

Library Events

• The Jerome Park Library, 118 E. Kingsbridge Rd., presents for kids: Bilingual Birdies Band: (ages 18 months to 12 years), featuring music, dance, puppetry and bubble dance party, June 27 at 2 p.m.; Chess Program: (ages 5 to 12), July 1 at 2 p.m.; and Toddler Time at 11 a.m.: (ages 18 to 36 months), July 2 and 9. For adults: Computer Basics: Open lab, June 26 (at 12:45 p.m.), and at noon: July 1, 3, 8 and 10. For teens/young adults: Magic Tricks and the History of Deception: June 27 at 12:30 p.m.; and Teen Science: July 10 at 2 p.m. For foreigners: English Conversation Groups at noon: June 30. For more information, call (718) 549-5200.

NOTE: Items for consideration may be mailed to our office or sent to norwoodnews@ norwoodnews.org, and should be received by June 30 for the next publication date of July 10.
FIRST ANNUAL
FAMILY FITNESS
FESTIVAL
AT WILLIAMSBRIDGE OVAL PARK
SATURDAY JUNE 28TH • 11-3 PM

Come walk with us. Bring your friends and family for a day of FUN! Come and meet a personal trainer and get tips on exercises for the whole family. Speak to a nutritionist and see what a healthy balanced meal looks like. Do you have Health Insurance? Get it here! Come and enjoy the fun activities we have in store throughout the day. Face painting for the kids. Don’t miss out.

SCHEDULED FESTIVAL FAMILY ACTIVITIES

FAMILY YOGA
11:00 AM – 11:30 AM
FAMILY WORKOUT
11:30 AM- 12:00 PM
ZUMBA
12:00 PM- 12:45 PM
WALK FOR AWARENESS
1:00 PM- 1:30 PM
RELAY RACES
1:45 PM-2:30 PM
DANCE CONTEST
2:45 PM- 3:00 PM

TIGA PEDIATRICS