# Be Healthy!

# ?W()()) |

**Could Robots Have Prevented Meningitis Outbreak?** page 7

Vol. 25, No. 21 ■

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# Northwest Bronx Avoids Major Storm Damage



WHILE THERE was scattered damage caused by fallen trees, like this car crushed on East 198th Street, the northwest Bronx emerged largely unscathed from Super Storm Sandy compared to the coastal regions of the northeast. See more photos on pages 8 and 9.

# **Armory Market Plan Boosted by Community Rally Ice Out**

By LAUREN DUCA

Brian Boggan stood nervously in the press box outlined with tape on the side of the St. Nicholas of Tolentine School gym in University Heights. Boggan had come to a rally, organized by the grassroots Northwest Bronx Community and Clergy Coalition, with an opinion about plans for the long vacant Kingsbridge Armory.

As a physical education teacher with a long history of ice skating, Boggan was ready to defend the Kingsbridge National Ice Centers's bid to fill the empty armory with nine ice rinks.

But no one from the ice center group showed up to receive Boggan's support. As a row of empty chairs and Coalition leader Alice McIntosh noted, the frontrunning bid to revamp the armory declined to attend the rally.

The ice center group, which is headed by a former Wall Street executive and supported by prominent ice athletes including hockey star Mark Messier and figure skater Sarah Hughes, is one of two bidders hoping to redevelop the armory.

The other group, Young Woo & Associates, was in attendance at the rally. Both groups showed up to make presentations at a forum hosted by Community Board 7 meeting just a week before the rally. (continued on p. 10)



Photo by Lauren Duca

LOCAL TEACHER Brian Boggan talks with representatives from Young Woo & Associates about their plans for the Kingsbridge Armory.

# Downed Trees Biggest Problem

**By ALEX KRATZ** 

Shanta Nair-Kalia hunkered down in her Van Cortlandt Village home on Monday as Sandy, the much-hyped hurricane, built steam and swerved into the northeast as an "extra-tropical storm." Although she lost power for about an hour on Monday afternoon, Nair-Kalia spent the rest of the night leisurely watching television and doing some "internet browsing."

The next day, with subway and bus service suspended, she walked to work at Montefiore Medical Center, where she is a patient care systems specialist, and snapped photos of fallen trees along the way.

While the regions coastal areas, including the east Bronx, lower Manhattan, Long Island and the Jersey Shore, experienced massive flooding, extensive power outages and severe damage from the unprecedented rising tides, the northwest Bronx remained relatively unscathed.

Most local residents spent the storm like Nair-Kalia, waiting it out without much hassle.

While 40,000 Bronx Con Edison customers remained without power on Wednesday afternoon, the northwest Bronx experienced only a few pockets of short-term outages. Montefiore Medical Center's Moses campus in Norwood, the area's biggest hospital containing one of the country's busiest emergency rooms, remained open throughout the storm.

More than 3,000 people in University Heights reported power outages on Tuesday, but only about 800 remained in (continued on p.8)

# **Police Relations Exposed** in Council, Court and Class

By BRITTNEY JACKSON

The police department's most controversial crime prevention strategies are coming under increased scrutiny with politicians debating their merit and the court system ruling on their constitutionality.

In the meantime, the question remains: Are tactics like stop and frisk and Operation Clean Halls "putting a distance between police and communities?"

That was a question addressed at "Crime and the Numbers Game," a lecture and discussion held at the Monroe (continued on p. 4)

### **NORWOOD NEWS**

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# In The Public Interest

### **General Election Preview**



Photo by Alex Kratz

Even though she remains on the general election ballot as the candidate of the Working Families Party, Naomi Rivera (pictured), who was soundly defeated in the Democratic primary in September, admitted that her eight years representing the 80th Assembly District, which includes parts of Norwood, Bedford Park and Morris Park, would be coming to an end in December.

Norwood and Bedford Park will also have new representatives in the state senate from the 36th and 34th districts due to redistricting. Residents there used to be represented by the 33rd District.

Below is a list of all the candidates running for local state office in the general election on Nov. 6, which will also determine the next president of the United States.

#### **State Senate**

33rd:

Democrat/Working Families: J. Gustavo Rivera

GOP/Conservative: Michael E. Waters

Democrat/GOP/Working Families/Independence: Jeff Klein Conservative: Elizabeth Perri Green: Carl Lundgren

Democrat: Ruth Hassel-Thompson Conservative: Robert Diamond

#### State Assembly

78th:

Democrat: Jose Rivera Conservative: Richard Retcho Republican: Luana G. Malavolta

Democrat: Mark Gjonaj Working Families: Naomi Rivera Conservative: Patrick A. McManus Republican: Nicole J. Torres Independence: William Edstrom

Democrat/Working Families: Jeff

Conservative: Judith Kunz

Democrat/Working Families: Nelson

Republican: Ana Sanchez Conservative: Vhidiwhatie Diamond

### **New York Voting** Information

Nov. 6 is ELECTION DAY!

Polls are open from 6 a.m. to 9 p.m. You will receive a postcard from the Board of Elections telling you where to vote and your election district number. You can also find out where to vote at http://gis.nyc.gov/vote/ps/index/htm

At your polling place, you will tell the poll worker your address and they will look it up on the poll list. If your name is in the book, you will sign your name next to the signature on record and vote at the voting machine.

If your name is not on the poll list, ask for an affidavit ballot, which is basically a paper ballot. Ask the poll worker to explain how to fill it out correctly. After the election the Board of Elections will check its records and your vote will be counted if you are eligible to vote and are at the correct polling site.

When you use the voting machine, tell the poll worker that it is your first time voting (if it is) and ask them to explain how to use the voting machine properly. You can take a friend or relative into the voting booth with you if you like.

Do not wear buttons or T-shirts that endorse a candidate to the polling place on Election Day. You may be turned away. If you are turned away, remove your buttons or turn your shirt inside out and insist that you be allowed to vote. DO NOT LEAVE WITHOUT VOTING.

If you are told that you cannot vote and you know that you are at the correct polling place, demand to fill out an affidavit ballot. If you are registered, you have a right to vote, even if your name is not on the poll list.

If you are turned away and not allowed to vote, or you feel you have been harassed or intimidated, call the ACLU Voting Rights Project to register your complaint and find out how to advocate for yourself.

ACLU toll free vote rights hotline: 1-877-523-2792.

### **Public and Community Meetings**

- BEDFORD MOSHOLU COMMUNITY ASSOCATION will meet at 8 p.m. on Wednesday, Nov. 7 at 400 E. Mosholu Pkwy. So. #B1 (Lobby Floor). All are welcome.
- COMMUNITY BOARD 7 committee meetings will be held on the following dates at the board office, 229A E. 204th St. at 6:30 p.m. unless otherwise noted: Parks, Monday, Nov. 5; Senior Services, Thursday, Nov. 8, 10 to 11:30 a.m.; Traffic & Transportation, Thursday, Nov. 8; Economic Development, 6:45 to 8:30 p.m.; Buget/Personnel & Ethics, Wednesday, Nov. 14. For more information, call (718) 933-5660 or visit www.bronxcb7.info.



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# Police Report

### **Norwood Church Burglarized, Sound System Stolen**

Holy Nativity, an Episcopal church in Norwood on Bainbridge Avenue that overcame a devastating fire in 2009, must now deal with the damage left by an invader who broke into the building and stole a sound system.

The perpetrator, or perpetrators, apparently climbed over a fence before forcing their way in through a basement window sometime between Tuesday evening, Oct. 16, and the following morning.

Officers from the 52nd Precinct arrived at the Church of the Holy Nativity, located at 3061 Bainbridge Ave. on East 204th Street, just before 2 p.m. on Wednesday afternoon, Oct. 17, to make out a report of the incident.

The burglars smashed through several doors and shattered a window in their attempt to locate more of the church's valuables. They also rifled through several cabinets and a desk before finding the sound system, made up of a microphone and several speakers.

Richard Kelly, a member of the Holy Nativity congregation, said the sound system belonged to Good News Christian Church, which holds a Sunday service in the basement auditorium. He estimated the value of the microphone and speakers at about \$1,000.

"I see papers strewn about but I don't really notice or detect anything [else] that was stolen," Kelly said. "We have a computer there, a copier, a printer."

Kelly said the church doesn't have security cameras and that he thought the damage could have been much worse.

"It's strange," he said. "You'd think more damage would be done if somebody broke in."

The church suffered heavy fire and water damage during a Halloween morning blaze in 2009 that also destroyed a row

of businesses. The damage was eventually repaired at the church. The retail building is only now being rebuilt.



Photo by David Greene

**DETECTIVES SAY** the burglars entered through this basement window.

# **Police Relations Exposed** In Council, Court and Class

(continued from p. 1)

College King Graduate School for Urban Studies and Applied Research. Eli B. Silverman, an emeritus professor at John Jay College of Criminal Justice, led the discussion to an audience packed with students, professors and community members.

Silverman took an in-depth look inside the NYPD's manipulation of crime data, the surge of stop and frisk encounters, the increased use of police force in the Bronx and the crucial need for NYPD reforms.

"We have a surge of stop and frisk in the city," said Silverman. "What started when Bloomberg came in with less than 100,000 stops in a year is now about 700.000 [per vear]."

The NYPD stopped close to 700,000 people on the street last year. Nearly 87 percent were black or Hispanic and only about 10 percent were arrested, many for petty crimes.

"It's not only significant that there are over 700,000 stops but that this proportion amount, as many of you know, are black and Latinos," said Silverman.

Silverman also addressed a concern over two Bronx precincts and their high use of force.

"Two of the precincts in the Bronx, the 46th and the 44th are two of the top for the use-of-force," said Silverman, about two other high-crime precincts that stretch from south of Fordham Road to Yankee Stadium on the west side of the borough. "The 44th Precinct led the city in the previous six years in the use of force — 54 percent of all stops were useof-force which is more than double the city's average of 23 percent. The 46th Precinct used forced with 58 percent of stops last year, the highest of all 76 precincts in the city."

Silverman said there is an issue presented with these high percentages and efforts must be made to find out, "what's going on."

The lecture came in the wake of a City Council hearing on the Community Safety Act, a legislative package aimed to help end discriminatory policing, held just hours before.

The Act aims to protect against discriminatory profiling and unlawful searches. It would require NYPD officers to identify themselves and explain their

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actions before performing a stop and frisk. It would also establish an Inspector General for the NYPD to provide independent oversight and increase penalties for abusive policing.

"New Yorkers stand in support of the Community Safety Act because it represents the first meaningful reform in a generation of the NYPD's approach to policing historically disenfranchised communities," said the bill's sponsor, Brooklyn Council Member Jumaane Williams, during the hearing. "This legislation is a crucial step we must take toward achieving better policing and safer streets for all, a goal we collectively share. By tackling discrimination and instituting true accountability, we will empower 'New York's Finest' to focus their energies on proven strategies that help our city root out crime and violence in every corner."

The Community Safety Act isn't the only course of action being taken against the NYPD's controversial policing. A federal lawsuit accusing the NYPD of making an abundance of unmerited arrests in "Operation Clean Halls" buildings is currently under way. Many of the city's apartment buildings and all of the public housing projects fall under the Clean Halls program. It allows police officers to stop anyone in the building and ask for identification. Civil rights groups say the program leads to unwarranted arrests of residents who commit the "crime" of walking around without their identification.

In response to the suit, the Bronx District Attorney office recently announced that it will no longer prosecute any "trespassers" arrested for Clean Halls-related stops unless the arresting officer submits to an interview.

"For the first time there's an effort to deter (amount of wrongful stops and arrest) with the series of bills going on right now," said Silverman in regard to the Community Safety Act.

Tivona Brown, a student at Monroe College and attendee at the lecture, appreciated Silverman's insight in the controversial stop and frisk police proce-

"Stop and frisk is something we really need to address," said Brown. "We can't walk around without being targeted or considered a suspect."



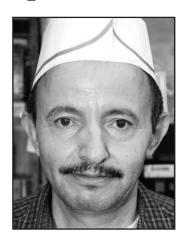
POLICE ARRIVE on the scene after the Church of the Holy Nativity was burglarized



This week we asked readers about how they prepared for and experienced Super Storm Sandy.



I got some extra groceries and stuff. It's going to be big. There's a reason why they're closing all the schools. Obviously, it's going to be real big. Phil Mendez



Yes, I bought extra water yesterday. It was the same as last year, I had no problems. I think it's going to be OK. God bless everybody. Ali Amin



We filled up the bathtub and took the necessary, basic precautions. I know that, because we're inland, I knew we weren't going to get hit as bad. But seeing the damage, it's kind of surprising with all the trees uprooted.

**Tony Gonzalez** 



The way I prepared for the storm was to go to my best friend's house and we stayed in the apartment and we just thought about how we could help each other during this time. The damage is pretty extensive and I feel for the people who lost property.

**Wayne Nesmith** 



It's easier to go through a storm like this with a group of people with you. Everyone came to my house and brought food. The storm was terrible because you get crazy from being in the house so long. Once outside, we saw several cars completely crushed.

Jose Jimenez

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# Hospitals See Robotic Solution to Meningitis Outbreak

By BRITTNEY JACKSON

As toll booth operators are swapped for the E-ZPass, and bankers replaced with ATMs, is it also possible for robots to fill the shoes of pharmacists?

Doctors have linked the recent meningitis outbreak that has left more than 300 people infected and at least 24 dead in the United States to contaminated steroid injections. Now, hospitals like St. Barnabas in the northwest Bronx are using robotic systems that may decrease the likelihood of a similar outbreak in the future.

Created by the Canadian medical device company Intelligent Hospital Systems, Robotic Intravenous Automation (RIVA) is a device designed to automatically prepare IV syringes and bags within the hospital pharmacy. The RIVA system works to prevent the administering of wrong medication and incorrect dosage.

It also uses a technology known as ultraviolet pulse disinfection to eliminate bacterial and fungal contamination of medication bags.

"RIVA sets a new standard in pharmacy safety that helps reduce the exposure of hospitals and compounding pharmacies to medication errors and contamination," said Dr. Niels Erik Hansen, president and CEO at Intelligent Hospital Systems. "The outbreak that is occurring is tragic, particularly because technology exists that can prevent human error, which is the most common source of medication contamination."

St. Barnabas Hospital was the first to receive this innovative technology in New York and still only a handful of hospitals in the United States are equipped with RIVA systems.

#### Coke Funds Bronx CAN

Following the ban against oversized

sugary drinks, which beverage industry lobbvists labeled as an attempt to demonize the soft drink manufacturers, Coca-Cola is taking measures to improve and promote healthier lifestyles for Bronx residents.

The Coca-Cola Foundation awarded a \$75,000 grant to the Bronx Changing Attitudes Now (CAN) Health Initiative. The CAN Initiative focuses on tackling issues of obesity, improving nutrition and exercise, and creating access to preventative health resources throughout the Bronx.

"I would like to thank the Coca-Cola Foundation for investing in the wellbeing of Bronxites through its generous contribution to the Bronx CAN Initiative," said Bronx Borough President Ruben Diaz Jr., who created the CAN Initiative along with State Senator Gustavo Rivera. "This grant will have a large, positive impact on countless residents in this great borough and shows how we can all work together to help members of our community, young and old, start making healthier decisions."

The grant will be used to implement health-related programs along with spreading awareness on issues of obesity, high blood pressure, cardiovascular disease and diabetes.

Along with the CAN Initiative, the Coca-Cola Foundation also awarded funds to the East Side House Settlement, a non-profit organization servicing Bronx families, for its nutritional education programming.

### **Make Your Food Store Be** Healthier

Bronxites are invited to participate in a free 90-minute Adopt-a-Shop workshop that will inform people about how to successfully demand healthier food options from their local food stores. The workshops are on Nov. 16 from 10 to 11:30 a.m. at the West Farms Library, 2085 Honeywell Ave. and on Nov. 18 from 10 to 11:30 a.m. at the Mary Mitchell Center, 2007 Mapes Ave. RSVP is required to attend. To RSVP, email shophealthy@health.nyc.gov or call (347) 396-4298.

### It's My Park Day on Mosholu Parkway



Photo courtesy Bedford Mosholu Community Association

MEMBERS OF The Bedford Mosholu Community Association, youth volunteers from Christodora and four generations of Democratic Assembly candidate (80th District) Mark Gjonaj's family (not pictured) cleaned up Mosholu Parkway for It's My Park Day on Oct. 20. Volunteers and local residents also helped beautify Whalen Park in Norwood.

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# Wishing You a Happy and Safe Halloween!

# **Halloween Safety Tips**

- 1. Avoid trick-or-treating alone. Walk in groups or with a trusted
- 2. Costumes and masks should fit well to avoid blocked vision or trip hazards.
- 3. Use a flashlight while trick-or-treating to help you see and others see you.
- 4. Only walk on sidewalks whenever possible.
- 5. Never walk near lit candles or luminaries
- 6. Examine all treats for choking hazards and tampering before eating them.
- 7. Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.

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# Northwest Bronx Avoids Major Storm Damage



Photo by Alex Kratz

(continued from p. 1)

the dark by Wednesday. Most of the damage was limited to fallen trees, mostly on Sedgwick Avenue near the Jerome Park Reservoir, on Mosholu Parkway and around Bedford Park. Mayor Bloomberg said the city had received more than 7,000 reports of downed trees.

On Sedgwick Avenue in Van Cortlandt Village, one tree crashed into a home, another took out a power line (but not power in the area), forcing the city to close off the street to car and pedestrian traffic. On Wednesday, police closed Reservoir Oval East.

Because of the storm, the city essentially shut down starting on Sunday evening. On Tuesday, streets in the area were unusually quiet. Jerome Avenue wasn't rattled by passing elevated 4

The city began to come to life on Wednesday. While all subway service was suspended and schools remained closed, every Bronx route was back up and running, though delays were expected. On Wednesday afternoon, the MTA announced that limited subway service would be restored on Thursday, although lower Manhattan would remain without train service until all tunnels and stations were repaired.

It remained unclear when full subway service would be restored as the Norwood News went to press on Wednesday

Ed. Note: For more storm and services updates, visit norwoodnews.org.





PHOTOS FROM THE STORM: (top left) Mosholu Parkway near Jerome Avenue; (bottom left) Goulden Avenue near Bedford Park Boulevard; (above) Harris Field.

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#### **Lehman Shelters Storm Refugees**

In the northwest Bronx, Lehman College and Bronx Community College both cancelled classes but opened their designated evacuation shelters. The shelters are equipped with sleeping cots, food, personal hygiene products and medicine. Medical assistance is also provided on the premises.

On Tuesday, there were about a dozen people staying at the shelter, according to a security guard there. The shelter is for anyone who was evacuated from their homes. They were expecting to get a large amount of people from Queens and Manhattan to arrive and stay at the shelter over the coming days as hundreds of thousands of New Yorkers remained without power. The Bronx experienced the least amount of outages of any borough.

There are 10 volunteers, all from the neighborhood, working at the shelter. Volunteers rotate shifts so there are volunteers in the shelter 24 hours. Other people from the neighborhood, non-volunteers, came by to bring donations like books and board games to entertain the people who were evacuated and staying in the shelter.

—DANILKA INFANTE



Photo by Haile Rivera



Photo by Alex Kratz



Photo by Alex Kratz

PHOTOS FROM THE STORM: (top right) Sedgwick Avenue near Stevenson Place; (above) Saxon Avenue near Sedgwick Avenue; (bottom left) University Heights.



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# **Business Beat**

# The Corner Pizza Shop

By DANILKA INFANTE

The community was buzzing and rumors were flying about what would become of the vacant storefront on the corner of Jerome Avenue and Mosholu Parkway North. Those rumors can be put aside now as the signage for The Corner Pizza Shop was unveiled last weekend just before Super Storm Sandy hit the Bronx.

The Corner Pizza Shop's arrival means there will be three competing pizzerias standing within a block of one another.

Jose, an employee of M&R Pizza on 208th Street, just off Jerome, said M&R has been around for over 28 years. Still, he wonders if its customers will remain loyal with all the competition and gave a dig to cheaper.

"Every time something new comes, it affects us," Jose said. "People will go for whatever is cheaper. The economy is bad so people will buy whatever is cheap rather than what tastes good."

Local resident Amanda Rivera, 23, said The Corner Pizza Shop "will have

tough competition with the \$1 pizza store (Bronx Pizza)."

An employee of Bronx Pizza, a block away, was asked if The Corner Pizza Shop will affect their business. "It might, but we will wait and see," he said. "We'll try our best."

Another local resident, 20-year-old David said, "It's a good idea to have real Italian pizza around here."

Henry Perry, a local resident since 1963, says The Corner Pizza Shop was expected to open after Labor Day but that was not the case. In any case, he's not happy about its arrival because it reminds him of when the spot used to be a pizza place back in the 1970s.

"It was a hangout spot for drug dealers" Perry says. He is concerned that the bad history will repeat itself if the location turns into a pizza shop. A pizza shop will undoubtedly attract more students from DeWitt Clinton High School, which is located just across Mosholu Parkway. Recently, Clinton was reported to have the most weapons seized from its student body, according to data released by the state.



Photo by Alex Kratz

## HALLOWEEN HEROES ON JEROME



**COMIC BOOK HEROES** like Spiderman helped young trick-or-treaters enjoy an early Halloween on Saturday, Oct. 27, thanks to the Jerome-Gun Hill Business Improvement District.

### Women's Business Resource Center

The following series of free workshops open to the public will be conducted to explore different industries in various Bronx locations. Topics include food, fashion, credit, medical, blogging, exporting and veteran opportunities.

Nov. 7, 6 p.m. - Business of fashion at The Bronx Library Center, 310 E. Kingsbridge Rd.

Nov. 14, 6 p.m. - Business opportunities for veterans at BWBRC office, 2499 Grand Concourse, Suite 321

Nov. 27, 6 p.m. - Medical related business at Bronx Community Board 12, 4101 White Plains Rd.

Email Marcia Cameron at mcameron@bronxwbc.org, or call (718) 933-7466 to register for the workshop of interest.

# Mosholu Parkway was formerly home to Jerome Pharmacy.

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# **Armory Market Plan Boosted by Community Rally**

(continued from p. 1)

The Coalition, which is the beating heart of the Kingsbridge Armory Redevelopment Alliance (also known as KARA), helped defeat a proposal three years ago that would have turned the armory into a giant shopping mall. With the support of Bronx Borough President Ruben Diaz Jr. and other local elected officials, KARA led an effort to kill the mall proposal in the City Council when the contractor refused to guarantee living wage jobs.

This time around, former KARA allies like Diaz, the Retail, Wholesale and Department Store Workers Union and other elected officials are strongly backing the ice center plan. (Councilman Fernando Cabrera, who represents the armory area, has stayed neutral so far.)

But the Coalition wants the winning developer to promise more community benefits. Their rally at Tolentine was designed to get more specifics from the groups on what they could offer the community.

Boggan was initially opposed to Young Woo's proposal, which it calls Mircado Merabo, and envisions the armory as a futuristic town square that serves as both an artisanal market for local entrepreneurs and recreational space. But he was disappointed the ice center group had ignored the Coalition's invitation to attend the rally.

Boggan, who has been teaching in the Bronx for more than 17 years, is a representative of the United Federation of Teachers at one of the six small schools on the Walton High School Campus, which is just a block away from the armory. Boggan says he has 35 years of ice sports-related experience and thinks the easy access to ice sports he had during his own childhood would be a great addition to the community.

Yet, during the rally, Boggan eventually began to consider the fact that Mircado Merabo also includes space for exercise and recreation. Mercado Mirabo would function as a flexible recreation space with basketball courts, soccer fields and other open space during the week. It would turn into an artisanal market only on weekends, explained Young Woo representatives Greg Carney and Adam Zucker during their presentation.

Boggan approached Young Woo's representatives at the end of the rally, asking

what they would do "for the kids."

Carney and Zucker reiterated that beyond the provision of recreational areas, they would allocate money to the development of educational space in the north annex buildings (currently occupied by the National Guard), with a cap at \$250,000. Boggan expressed disappointment with this amount, but was excited by other aspects of the bid.

(The ice center group says it will work to build a school on the annex site, but has not committed any money to the project. The group also said it had approached state military officials about moving the guard units, but the *Bronx Times* reported last week that, in fact, they had not.)

Boggan asserted that Carney and Zucker promised the basketball court and a rock climbing wall run by the group Brooklyn Boulders could be used from the hours of 8 a.m. to 3 p.m. for free by his students and would be reserved especially for those who attend elementary schools that do not have a gym.

"Many elements of a full education are lost without a gym," Boggan said. "The kids need free access to this space." By the end of the rally, Boggan was in support of Young Woo's plan. Despite Boggan's personal love of skating, his ultimate concern is exercise for the children.

"Physical education is great for cognitive, social, and psychomotor skills," Boggan said. "It makes for healthy and well-rounded kids, and that's what I want from the armory."

Boggan's attitude towards Mercado Mirabo was echoed by Coalition leaders and many who had gathered for the rally.

McIntosh, Carney, and Zucker confirmed that Young Woo & Associates have agreed to sign a memorandum of understanding, but will only sign a list of community benefits principles after they have been contracted for the project.

The memorandum asserts Young Woo & Associates' intent to support the Bronx in all community endeavors. The list of community benefits principles is far more extensive, including a living wage standard (\$10 an hour plus benefits or \$11.50 an hour without benefits), expansive community space, a prohibition of big box retail and the inclusion of a public school. —Additional reporting by ALEX KRATZ



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# **Opinion**

We love, welcome and encourage letters to the editor and opinion articles from readers. Write to: Editor, Norwood News, 3400 Reservoir Oval East, Bronx, NY 10467. Fax: (718) 324-2917; or e-mail: norwoodnews@norwoodnews.org.

### **Editorial**

### Headline

Last week, the 52nd Precinct Community Council held its annual Fellowship Recognition Breakfast at Monroe College. Council President Brenda Caldwell-Paris says the event is one of the two most important things — along with the National Night Out affair every August — that the precinct council puts together.

It's a marathon love fest lasting more than three hours. The council honors so many different people and groups that the program look like a high school graduation roll call.

They give out awards and plaques to many of the precinct's local political, business and organizational partners and leaders. Inspector Joseph Dowling, the commander of the precinct, also has a chance to honor his troops publicly.

At first glance, it might appear excessive and fluffy at a time when police and community relations are not great. Stop and frisk tactics have some residents scared to walk around their own neighborhoods for fear they might be stopped for no reason other than the color of their skin. It's tougher than ever for police to get witnesses to speak up, even about violent crimes that happen in broad daylight

in front of dozens of people.

But the police and community need each other to combat crime and keep our streets safe. It's a symbiotic relationship that needs nourishing. And the council breakfast helps feed that relationship. It also introduces us to some often overlooked heroism.

Dowling talked about his small but vital domestic violence unit led by Sergeant Gary Franklin, a hulking man who looks like he could play linebacker for the New York Giants. Franklin, who's been in charge of the unit for 12 years, intervenes at some of the most sensitive and tense times in the lives of residents. He's also extremely effective. His size helps.

Often people don't want to open the door and let police in on their internal squabbles. But, Dowling says, "When they see him, they come out."

It's good to have people like Sgt. Franklin in the precinct.

One of the civilians recognized was Sally Dunford, the tireless director of West Bronx Housing and Neighborhood Resource Center on Bainbridge Avenue. Dunford lives and breathes the organization she founded 20 years ago. If you're in trouble with your housing, Sally's crew will help you. They're not miracle work-

ers, but they're close.

She shared the honor with her equally tireless staff, including Jane Chaney (who works 21 hours a week, for free) and Ilectra Scott-Cook, who Dunford says is the best person in New York City at preventing evictions.

Funding is always a concern, but West Bronx Housing is needed now more than ever. Dunford says when she first started two decades ago, they served about 300 people each year. Lately, they've been seeing 1,400 clients annually. Just last month, see saw 48 people in a single week. Dunford spent much of the breakfast tracking down elected officials and alerting them to the latest issues and problems.

Keep up the good work, Sally.

### **Letter to the Editor**

#### Support for an Armory Ice Center

People just don't get it! All their main focus is on jobs, jobs, jobs!

Young Woo & Associates sugar coat their bid as a promise of 800 jobs but can only guarantee 175, with or without the so-called living wage and to add all these expensive features that the community can't even pay for.

Who buys art? Who will pay for expensive 4-D movie tickets? Not this community.

To add a hip hop museum is inviting violence in the making.

No one in this community wants things that they cannot benefit from.

While on the other hand the Ice Center is giving good things to the community and not charging a dime.

Stand up and choose the Ice Center!

#### Rosemarie Reyes Bedford Park

Ed. Note: Young Woo's armory proposal estimates that it will create 800 permanent jobs and that 175 of them will pay a "living wage" of \$10 an hour plus benefits or \$11.50 an hour without benefits. The Kingsbridge National Ice Center proposal estimates that it will create 175 permanent living wage jobs. They will create a youth program that will be free to youth in the area, but they will also charge fees for using the ice rinks there.

# **Neighborhood Notes**

#### **After School Programs**

Mosholu Montefiore Community Center (MMCC) offers after school programs in local elementary schools for school-children that begin at the end of the school day and last until 6 p.m. for less than \$58 per week. Activities include homework help, creative performing arts and various sports. The schools are PS 7 on Kingsbridge Ave., PS 37, PS 207, PS 8 in Bedford Park, Bronx Community Charter School on Webster Ave., and PS 169 New World Charter School in the Baychester section of the Bronx. For more information, call Ruth Moore at (718) 944-3207.

#### **Teen Centers at MMCC**

The Boys & Girls Club of the Mosholu Montefiore Community Center teen program offers supervised fun from 6:30 to 9 p.m.: Tuesdays and Thursdays for ages 12-1/2 to 14-1/2 (van service is available to bring participants home for \$1), and Wednesdays for ages 15 to 18. Both age groups may attend on Saturdays from 7 to 10 p.m. Activities include sports, smart girls club, tutoring, dance, cooking, teen to teen news, computer skills and chorus. For more information, call (718) 882-4000.

#### **Garden Fund-raiser**

The Bronx & Manhattan Land Trust will host an 'Oldies but Goodies' fundraising event on Nov. 10 from 7 to 11 p.m. at Oberia Dempsey Center, 127 W. 127th St. in Manhattan. Bring your own bottle (\$8/setup; refreshments served). Enjoy food, drinks, silent auction and dancing. Proceeds will benefit 32 gardens through-

out the Bronx and Manhattan, including local gardens in the northwest Bronx. Tickets are \$20/advance; \$25/at the door. For more information, call (212) 244-2288 or email LandTrusts32@yahoo.com.

#### Free Financial Counseling

Bronx LIFT, 2381 Belmont Ave. (between 186th and 187th streets), offers free workshops, one-on-one financial coaching, referrals to credit unions, and free one-on-one assistance with employment, housing, resume help, filling out applications, finding education/job training opportunities and enrolling in public benefits, Nov. 8 and Dec. 6 at 1 p.m. LIFT also offers free assistance to veterans, including legal, financial, employment, health and education. For more information or to make an appointment, call (718) 733-3897, Thursdays from 9 a.m. to 7 p.m.

#### Free Technology Training

Per Scholas, 804 E. 138th St., offers free 15-week technology training, Mondays through Fridays, 9 a.m. to 4 p.m. (high school diploma or GED is required), and includes free tuition, books and exam materials, and free career counseling and job placement assistance. Earn up to 10 college credits. For more information or to register, stop by the office Monday through Thursday, at 9 a.m. or call (718) 991-8400

# Free Weekly Immigration Services

Councilmember Fernando Cabrera

along with CUNY Citizenship Now! will provide free confidential legal services to qualified immigrants to help them in their pursuit of U.S. citizenship, Wednesdays, starting Oct. 3, from 10 a.m. to 4 p.m. at Cabrera's district office, 107 E. Burnside Ave. Personal consultations will be held with attorneys and paralegals. For more information, call (347) 590-2874.

### **Stop Smoking Program**

North Central Bronx Hospital, 3424 Kossuth Ave., offers free group counseling and nicotine replacement therapy for smokers looking to quit. No appointments are needed or required, walk-ins are welcome. The smoking cessation program runs weekdays at 10 a.m. or 2 p.m. in room 13A12. For more information, call (718) 519-2425/2490.

#### **Job and Computer Training**

Mercy Center, 377 E. 145th St., offers computer and job training classes, many of them specifically aimed at women. For more information, call (718) 993-2789 or visit www.mercycenter.org.

#### **Literacy Connection**

Improve your reading, writing and math skills and work toward your GED with the Literacy Connection, a free education and employment program for young adults ages 16 to 24. The program is offered at the Mott Haven, West Farms, and Bronx Library Center branches of the NYPL. For more information or to RSVP, call (718) 401-7453.

# **Mentoring Program for Students**

The Young Scholars Immersion Program, a program coordinated by Kingsbridge Heights Community Center and Manhattan College, provides year-round mentoring and enrichment opportunities for disadvantaged students in the Bronx. The program is currently seeking more high school applicants. Students get the chance to visit college campuses, participate in writing and study workshops and get constant support from tutors at the College's Center for Academic Success. For more information, contact Neil Bogan at nbogan@khcc-nyc.org or call (718) 884-0700 ext. 116.

#### **Bronx Mentors Sought**

The Abbot House, a multi-faceted agency that serves families and youth in the Bronx and NYC, is looking for mentors in the Bronx area. If you are looking to make a positive impact on a child's life, call mentoring coordinator at (718) 329-4968 ext. 3454.

### **LGBTQ** Coming Out Group

This group offers youth ages 13 to 18 years of age a safe place to talk about gender and sexuality. The meetings take place every Saturday from 7 to 10 p.m. at the Mosholu Montefiore Community Center, 3450 DeKalb Ave. For more information, call (718) 882-4000 ext. 204.

For more Neighborhood Notes online, go to www.norwoodnews.org and click on "Neighborhood Notes."

# Classifieds

#### **HELP WANTED**

Experienced Part Time Development Director: Sought by small, NW Bronx media arts program for teens to research and cultivate funding sources; write proposals and reports; liaison with staff. Strong organizational and writing skills, and not-for-profit experience required. (6 hours a week - salary DOE). Fax resume (including phone #) to (718) 882-2454 or email baylalyn@earthlink.net.

Part Time Administrator: Sought by trainers for peer-mediation and conflict resolution. Requirements: B.A., self-starter, home office, writer/editing skills, record-keeping and reporting, experience w/foundation and government fund-raising and NYC public schools. (8 hours a week - salary DOE). Submit resume (including phone #): baylalyn@earthlink.net or fax to (718) 882-2454.

Accounts Payable/Receivable Payroll Clerk: Requirements: Ability to function independently in a fast paced environment. Good communication and organizational skills. Please send resume to: summittool-sltd@gmail.com.

Personal Assistant Needed: We are looking for an office assistant. Duties include greeting clients, answering phones, and routing mail, data entry and retrieve, scheduling and calendar maintenance. Ideal candidates will have proven customer service skills in an administrative setting and experience with Microsoft Office applications. Email resume to relayton177@gmail.com if interested.

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### **Onstage**

- The Bronx Library Center, at 310 E. Kingsbridge Rd., presents Trio Concert, featuring piano, violin and cello, Nov. 3 at 2:30 p.m. For more information, call (718) 579-424/46/57 or visit www.nypl.org.
- The Bronx Arts Ensemble presents Rapunzel at the Whitehall, 3333 Henry Hudson Pkway., fairy tale musical in

rhyming verse, Nov. 4 at 1 and 3 p.m. (\$6/ticket). For more information and tickets, visit bronxartsensemble.org or call (718) 601-7399.

■ Lehman Center for the Performing Arts, 250 Bedford Pk. Blvd., W., presents The National Circus of the People's Republic of China, performing Cirque Chinois, Nov. 4 at 4 p.m. (tickets are \$25 to \$45, \$10/ages 12 and under); and

Salsa Palooza, featuring salsa giants, Nov. 10 at 8 p.m. (tickets are \$45 to \$60). For more information, call (718) 960-8833. The Theatre Program will present "Marisol," drama about a Bronx community grappling with poverty and crime, Nov. 1 to 3 at 8 p.m. and Nov. 4 at 3 p.m. Tickets are \$10: \$8/students/seniors. For more information, call (718) 960-7838

- Casita Maria Center for Arts & Education, 928 Simpson St., presents Jogja Hip Hop Foundation, Java & RDACBS, the South Bronx, Nov. 16 at 7 p.m. For more information, call (718) 589-2230.
- The Uptown Coffeehouse, c/o City Island Community Center, 190 Fordham St., presents singer/songwriter Amy Black, Nov. 4 at 6 p.m. Tickets are \$15; \$5/ages 12 and under. For more information, call (718) 885-2955.
- The Watoto Children's Choir traveling from Africa will perform Beautiful Africa: A New Generation, accompanied by music and dance, free, at the New Testament Temple Church of God. 3350 Seymour Ave., Nov. 11 at 8 a.m. and 11:30 a.m. The choir raises awareness of the

plight of the orphaned and vulnerable children of Africa. For more information or a preview, visit www.watoto.com/the-choir.

Compiled by JUDY NOY

- Bronx Academy of Arts and Dance (BAAD), 841 Barretto St., 2nd floor, presents The Funeral of the Cow, drama satire about trans-species, and Carlos Manuel Rivera performing poetry, humor and theater, using drag, Nov. 2 (\$20); Roberto Robles Dance Company, Nov. 3 (\$20); Maverick Dance Experience, Nov. 9 (\$20); Booty Monologues, play told from the perspective of Black and Latino gay men, Nov. 10 (\$15); and Machataso: BAAD!er & Better, one-woman show, Nov. 16 (\$25; \$50/includes pre-show open bar and reception from 6:30 to 7:30 p.m.), all at 8 p.m. For more information, call (718) 842-5223.
- The Bronx Music Heritage Center Lab, 1303 Louis Niñé Blvd. (#2 or #5 train to Freeman Street), presents **Bronx Rising!** Music, Film & Spoken Word of the Borough, through Jan. 19, performed by Bronx artists: Music and jazz, Thursdays from 8 to 10 p.m.; film, Fridays 8 to 10 p.m.; comedy, poetry and literature, Saturdays 7:30 to 9:30 p.m. (visit bronxmusic.org for details). For more informa-





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#### **Events**

- The Bronx Music Heritage Center Lab, 1303 Louis Niñé Blvd. (#2 or #5 train to Freeman Street), presents **Community**Arts Lab, 4 to 7 p.m.: (through Dec. 19), visual art on Mondays, hip-hop and breakdance on Tuesdays, and percussion and poetry on Wednesdays. For more information, visit bronxmusic.org or call (718) 793-2211.
- The Bronx International Film Festival presents **film screenings**, featuring narrative, documentary, experimental and animated films from around the world, Nov. 8 to 10 at Lehman College's Lehman Stages, 250 Bedford Pk. Blvd. W. One-day non transferable passes are \$5. For more information and a full schedule, visit www.bronxfilmfestival.com.
- Bronx Borough President Ruben Diaz
  Jr., with American Express and the NYS
  Restaurant Association, present the 2nd
  annual Savor the Bronx Restaurant
  Week which features the borough's best
  eateries by offering special values and discounts, Nov. 5 to 12. Visitors can taste
  the flavors of foods from different nations.
  For more information, visit savorthebronx.com or call (718) 590-3518.
- The Bronx Tourism Council offers hiking tours on Nov. 3: Guided tour through Woodlawn Cemetery, followed by a walk through Wave Hill with a light lunch at its café (food cost not included in registration), ending at Van Cortlandt Park hiking on the Putnam Trail. Round trip trolley departs at 9 a.m. from the Visitors Center, 810 Seventh Ave., and returns at 5 p.m., rain or shine, except for nature tour which may be rescheduled in inclement weather. Bronx pickup is at 9:45 a.m. at the Woodlawn Cemetery parking lot at Jerome and Bainbridge avenues. Fee is \$30/adults; \$15/children under 12. Registration required at www.tourdebronx.org). To purchase tickets, log on to www.fallforthebronx.com. For more information, call (718) 590-2502.
- Wave Hill, a Bronx oasis at 675 W. 252nd St. in Riverdale, offers Family Arts **Projects:** Dances With Leaves, to make a crown or costume from leaves and make arrangements of leaves to take home. Nov. 3 and 4; and Print the Palisades, to sketch leaves and trees and make collage prints, Nov. 10 and 11; both from 10 a.m. to 1 p.m. in the Ecology Building. Grounds admission is free Saturdays until noon, and in November, free all day. Glyndor Gallery tours take place Tuesdays and Saturdays at 2 p.m.; garden walks are held Tuesdays and Saturdays at 11 a.m. and Sundays at 2 p.m., from the Perkins Visitor Center. For more information and a schedule of events, call (718) 549-3200.

- The New York Botanical Garden presents **Greenmarket**, the popular farmers market of GrowNYC, at the base of Library Allee inside the Garden's Mosholu Gate entrance, Wednesdays, through Nov. 21, 9 a.m. to 3 p.m. Visitors may purchase affordable, locally grown produce and fresh, nutritious baked goods. For more information, call (718) 817-8658.
- Mosholu Montefiore Senior Center, 3450 DeKalb Ave., presents **Pre-Thanksgiving Luncheon and Entertainment**, Nov. 15 from 11:15 a.m. to 12:30 p.m., for seniors ages 60 and over. For more information and fees, call (718) 798-6601.
- The Bronx Council on the Arts and the Huntington Free Library offer **Gift Creations**, to make a gift to take home, a free family craft workshop, at the library, 9 Westchester Square, Nov. 17. For more information including time, call (718) 931-9500 ext, 33.
- The Bronx Museum of the Arts, 1040 Grand Concourse (165th Street), presents its free **First Friday** on Nov. 2 from 6 to 10 p.m., featuring film, art performances, music and other special events. For more information, call (718) 681-6000.
- The Bronx County Historical Society presents **Bronx Immigrants**, a lecture on Bronx history, at the Valentine-Varian House/Museum of Bronx History, 3266 Bainbridge Ave., Nov. 17 at 11 a.m. For more information, call (718) 881-8900.
- The public is invited to ride the Nov. 7 free Bronx Culture Trolley, which transports visitors on the first Wednesday of every month (except January and September) to Bronx hot spots, all featuring a variety of entertainment options and ends at Sweetwater's Bar & Grill for music, food and drink. Trolley night starts with a 5 p.m. reception at the Longwood Art Gallery at Hostos Community College, 450 Grand Concourse (at 149th St.). From there, the trolley departs at 5:30, 6:30 and 7:30 p.m. New attractions are added monthly; admission to most venues is free. Riders can get on and off at any scheduled stop and spend as much time as they wish at any or all of the featured venues. For more information and a detailed schedule, call (718) 931-9500 ext. 33 or log on to www.bronxarts.org.

### **Exhibits**

- The Bronx County Historical Society's Museum of Bronx History at the Valentine-Varian House, 3266 Bainbridge Ave., presents Hail to the Chief and Hooray for Our Side, through April 7, 2013. For more information, call (718) 881-8900.
- En Foco presents **Relations & Tales**, through Dec. 2 at the Pregones Theatre, 571-575 Walton Ave. (between 149th and 150th streets). Opening reception is Nov.



#### EDITOR'S PICK

### **Freebies at Lehman**

The public is invited to enjoy the following free events at Lehman College, 250 Bedford Pk. Blvd., W.: For additional information, call the numbers as listed.

Nov. 1 at 12:30 p.m. - Lehman professor **Salita Bryant**, will present a reading from her new book, in Carman Hall B-04; (718) 960-8715.

Nov. 8 at 12:30 p.m. - **Victor Lin Jazz Ensemble**, in the Recital Hall/Music Building 306; (718) 960-8715.

Nov. 11 at 2 p.m. - **Lehman Woodwind Quintet**, featuring classical music, in the Recital Hall/Music Building 3rd floor; (718) 960-8247.

Nov. 14 to 16 from 10 a.m. to 4 p.m. - **The Johnny Pacheco Latin Music and Jazz Festival**, featuring student and professional ensemble performances and workshops, in the Lovinger Theatre; (718) 960-8247.

Nov. 15 at 11 a.m. - **Lehman Brass Quintet**, featuring a jazz influenced repertoire, in the Lovinger Theatre; (718) 960-8247.

Nov. 15 and 16 at 7:30 p.m. - **The Lehman College Latin Jazz Ensemble**, and **The Lehman Jazz Band**, respectively, both with special guest ensembles, in the Lovinger Theatre; (718) 960-8247.

- 7 from 5 to 6:45 p.m. and artist talk is Nov. 10 from 1 to 2 p.m. Registration is ongoing for Nov. 4 free workshop, Editing Your Portfolio. For more information or to RSVP, visit enfoco.org.
- Lehman College Art Gallery, 250
  Bedford Pk. Blvd. W., presents **Space**Invaders, featuring the work of 18 artists who make use of many spaces both inside and outside the galleries, Tuesdays through Saturdays, 10 a.m. to 4 p.m., through Jan. 9. A **special lecture and**guided tour by the artists will be held
  Nov. 15 at 12:30 p.m. For more information, call (718) 960-8731/8715.
- Bronx Council on the Arts presents

  Puerto Rico in Its Labyrinth, Chronicles

  of a Country and a World in Crisis,

  through Dec. 8, at Longwood Art Gallery

  at Hostos' Center for the Arts' main

  gallery, 450 Grand Concourse (149th

  Street). Also on view, in the Project Room:

  Public Art Under House Arrest, through

  December 2012. For more information,

  call (718) 518-6728.
- The Bronx Museum of the Arts, 1040 Grand Concourse at 165th Street, presents **Rituals of Chaos**, an exhibition featuring modern and contemporary art from Latin America, through Jan. 6, highlighting the work of Mexican photojournalist Enrique Metinides and 11 contemporary artists who similarly take the human experience in the city as their subject matter. For more information, call (718) 681-6000.

### **Library Events**

■ The Bronx Library Center, at 310 E. Kingsbridge Rd., presents programs for adults including **Films at 2:30 p.m.:** "The Trojan Women," Nov. 10. Teens and young

- adults can join **World Beat and Percussion**, Nov. 6 at 4 p.m. Children can enjoy **Films at 4 p.m.**: Nov. 6 and 13; **Preschool Story Time at 11 a.m.**: Nov. 8 and 15; **Family Time**, Nov. 10 at 11 a.m.; and **Turkey Book Making**, Nov. 15 at 4 p.m. For more information, call (718) 579-4244/46/57 or visit www.nypl.org.
- The Mosholu Library, at 285 E. 205th St., offers for seniors and adults: Knitting Circle: Thursdays at 3 p.m.; and Wii Program: Tuesdays at 3 p.m. Children can enjoy Toddler Story Time at 10:30 a.m.: Nov. 1 and 8; Baby Story Time at 11 a.m.: (ages to 18 months), Nov. 6; and Bilingual Birdies: Spanish Language: (ages to 5 years), live music program including puppetry and games, Nov. 13 at 11 a.m. Immigrants can join free English Conversation Program, intermediate level, Nov. 6, 13, 20 and 27. For more information, call (718) 882-8239.
- The Jerome Park Library, at 118 Eames Place, offers **film**, Nov. 13 at 4 p.m., for ages 5 to 12. For more information, call (718) 549-5200.

## Public Service Announcements

- Daylight Savings Time ends on Sunday, Nov. 4 at 2 a.m. Remember to turn clocks back one hour.
- Election Day is Tuesday, Nov. 6 from 6 a.m. to 9 p.m. Don't forget to vote!

**NOTE**: Items for consideration may be mailed to our office or sent to norwoodnews@norwoodnews.org, and should be received by Nov. 5 for the next publication date of Nov. 15.

# -GRAND OPENING-

Philly Cheese Steak

Thinly sliced Grilled Steak w/sauteed onions &

peppers w/American Cheese ......\$7.99

Slow Roasted Pork, Deluxe Ham, Swiss Cheese,

sliced pickles w/Mojito .....\$7.99

Classic tuna sliced tomatoes, iceberg lettuce,

melted cheddar cheese ......\$6.99

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Any style served with home fries & toast 8**3**99

TWO EGGS Any style ham, bacon or sausage served w/home fries & toast

Served with butter & Syrup \$399 **PANCAKES** Served w/ham, bacon

sage, butter & syri \$499

OLD FASHION FRENCH TOAST Served with syrup **\$3**99

OLD EXCHION

Two Eggs (any style)\$4.99w/ham, bacon or sausage\$5.99w/turkey bacon or beef sausage\$6.99
Two Eggs Super Deluxe (Any Style) Choice of ham, bacon or sausage Choice of 3 pancakes or french toast\$7.99
Steak & Eggs USDA Steak w/3 eggs (Any Style)\$11.99
BREAKFAST SANDWICHES

**Egg on a Roll** ......\$2.00

w/Ham, Baconor Sausage\$3.00
w/Turkey, Bacon or Beef Sausage\$4.00
Grilled Cheese\$3.00
BLT (Bacon, Lettuce & Tomatoes)\$3.50
Add cheese\$1.00
OMELETTES
Cheese Omelette\$4.99
Onions & Peppers Omelette\$4.99
w/fresh Diced Onions & Peppers\$4.99
Spanish Omelette
w/dicedonions, Peppers, Tomatoes, Salsa\$5.99
Western Omelette
w/Ham & Green Peppers, Onions\$5.99
Greek Omelette
w/tomatoes, Onions, Peppers, Feta Cheese & spinach\$6.50
All omelettes are available in Egg Whites

ADD \$1.00 EXTRA

FROM THE GRIDDLE

Stack of Buttermilk Pancakes (3) .........\$4.99

Old Fashion French Toast
w/ham, bacon or Sausage\$6.4
BREAKFAST SANDWICHES
Egg on a Roll\$2.0
w/ham, bacon or sausage\$3.0
w/turkey, Bacon or Beef Sausage\$4.0
Grill Cheese\$3.0
BLT (bacon, lettuce & Tomatoes)
Add Cheese\$1.0
BEVERAGES
CoffeeSm \$1.00Lg \$1.50
<b>Espresso</b> \$1.50
Cappuccino\$2.50

Milk ......\$2.00

BottledWater.....\$1.00

Hot Chocolate

		JUI	CES	
Apple				 \$2.00
Orange				
Cranberry				 \$2.00
Snapple				 \$2.00
Soda	SM	\$1.	00	 Lg \$2.00
Tropicana				

rup FRENCH TOAST Ham, Bacon or Sausage w/ Syrup	WRAPS & PANINIS  California Grill chicken, Avocado, Lettuce, Tomatoes, Creamy Ranch		
JUICES  se	Turkey Club Fresh Turkey Breast, Avocado, bacon, lettuce, Tomato, Chipotle, Mayonnaise\$7.00 Garden Wrap Grilled Zucchini, carrots, peppers, Onions, Egg Plant, Mozzarella, Pesto Mayonnaise\$7.00 Tuna Melt Albacore Tuna, Lettuce, Tomatoes, American Cheese\$7.00		
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HAMBURGER DELUXE w/french fries, lettuce, tomatoes & onions S599

CHEESEBURGER DELUXE w/french fries, lettuce, tomatoes & onions

PENNE ALLA VODKA 5**7**99

CHICKEN CAESAR SALAD 5699

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Triple Decker Turkey Club Turkey W/American Cheese, Lettuce, Tomatoes, Bacon & Mayo ......\$7.00 Hearty Heathy Ham & Turkey Deluxe Ham, Turkey, Swiss Cheese, Cucumbers, Lettuce, Tomato & Dijon Mustard......\$5.99 Chicken Milanese Crispy Chicken Cutlet, Thinly sliced Mozzarella, Chipotle Mayo, lettuce & Tomato ......\$6.99 Tropical Herbs Grill Chicken Grill Chicken, Bacon, Tomato, Lettuce, American Cheese & Ranch Dressing .......\$6.99

BURGERS
Hamburger\$3.0
w/French Fries, Lettuce & Tomatoes\$6.9
Cheeseburger\$4.0
w/French Fries, Lettuce & Tomatoes\$7.9
Bacon Cheeseburger\$5.0
w/French Fries, Lettuce & Tomatoes\$8.9
Black Angus Burger
USDA Premium Beef w/French Fries\$7.9
Black Angus Cheeseburger
USDA Premium Beef w/French Fries\$8.9
Turkey Burger
w/Lettuce, Tomato, French Fries\$7.0
HOT SUR

Assorted Tea ......\$1.25 Chicken Parmesan Breaded Chicken Cutlets, Tomato Basil Sauce Cover in melted Mozzarella Cheese .......\$6.99

Pesto Mayonnaise\$7.00
PASTA
Pasta Primavera
Sauteed in garlic, Olive Oil, Tomato or Alfredo
sauce\$11.00 w/Chicken\$13.00
Baked Ziti
Fresh Marinara sauce blended melted Mozzarella
\$11.00 w/Chicken\$13.00
Lasagna
Fettuccine Alfredo
Parmesan Cream Sauce\$11.99
w/Chicken\$13.99
Penne Alla Vodka
Cream Sauce Prepared w/Vodka and Parmesan
\$11.99 w/chicken\$13.99
Chicken Parmesan
Chicken Topped w/Marinara Sauce & Mozzarella
Cheese, Choice of Pasta\$12.00
MD Rigattoni
Sauteed Chicken & Shrimp sauteed in Garlic, Olive
Oil, Tomato or Alfredo Sauce\$13.99
Chicken Francese
Sauteed in a Lemon and White Wine Sauce.

Grill Chicken, Mozzarella, Roasted Peppers,

#### Choice of Pasta ......\$12.99 STEAKS

Palomilla Steak w/Onions	\$9.99
Sirloin Steak	\$11.99
Choice of Baked, Mashed or French Potatoes	w/Vegetables

CHILDREN'S PEDIATRIC MENU Grilled Cheese & French Fries ..........\$4.99 Mozzarella Sticks ......\$4.99 Chicken Wings (6) ......\$5.99

#### French Fries ......\$1.99 SOUPS

			00010	
Soup	o of	the Day		\$2.99
Chic	ken	Noodle	Soup	\$2.99

#### DINNER MENU (SEAFOOD)

Fried of Broiled in a Lemon & White Wine Sauce .....\$12.99 MD Talapia

Fried or Broiled in a buttery Garlic Cream Sauce .....\$12.99 Shrimp Scampi Broiled in a Garlic, lemon, Butter and White

Wine Sauce ......\$13.99 Fried Shrimp w/French Fries ......\$12.99 Shrimp Parmesan Marinara Sauce & Mozzarella Cheese .....\$14.99

Choice of Pasta, Mashed Potatoes, French Fries, Baked Potato, Plus Soup

#### SALADS

307	Salad
	Iceberg Lettuce, Cucumbers, Tomatoes, and
	House Dressing\$5.00
	Classic Ceasar
	Freshly cut Romaine Lettuce, Topped w/shred-
	ded Parmesan Cheese, Croutons w/Traditional
-	Caesar Dressing\$6.00
	Cobb Salad
	Romaine Lettuce, Bacon. Chicken Breast, Crum-
	bled Blue Cheese, Avocado, Diced Tomatoes,
	Eggs and Your Choice of Dressing\$7.99
	Chicken\$9.99
	Intern Greek Salad

#### DESSERTS

Julienne Lettuce, Crumbled Feta Cheese, Olives,

Peppers, Tomatoes, Onions, Cucumbers, and your

choice of Dressing ......\$7.99 ......\$9.99

DEODER 10
New York Cheese Cake\$3.00
Chocolate Cake
Red Velvet
Vanilla Ice Cream\$3.00
Chocolate Ice Cream\$3.00



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